



*Those who cannot change their minds
cannot change anything.
-George Bernard Shaw*

Lassen County Overdose Prevention

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Some Background

Lassen County is a rural county in Northern California. Even though Lassen County is the 8th largest county in California it has a relatively small population of roughly 35,000 people, with an incarcerated population of about 10,000.



One incorporated
City
Population of about
6,600



Two fully staffed fire
departments
Multiple volunteer
fire departments
Sheriff officers are
first responders.



One 25 bed hospital
Many rural locations
where it will take
more than an hour
for first responders to
arrive

Identification of a problem

The Opioid epidemic is leaving no community untouched. In 2015, Lassen County had prescribed enough opioids to keep every man, woman, and child medicated around the clock for 15 weeks each year.

1

In April of 2015, a local physician was charged with misprescribing opioids

2

Increased awareness of overdose victims presenting to the ER

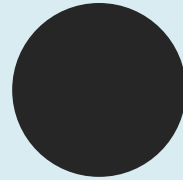
3

Other prescribers feeling the push from new clients

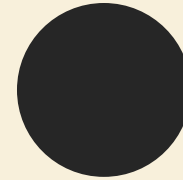
Barriers and Challenges

Like other rural counties, we struggle to fund projects if there is no grant money for the project. We have to change the perceptions of our community members.

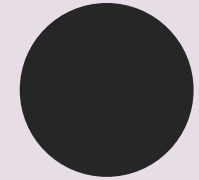
“Change the way you look at things and the things you look at change.” –Wayne W. Dyer



Funding is always
challenging



Lack of awareness
around prescription
opioids

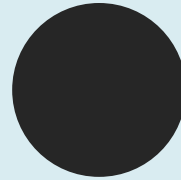


Stigma
Perception

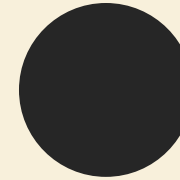
Start of Change

Lassen County joined other Counties to form the Northern Sierra Opioid Safety Coalition. With the help of Plumas County we started conversations to move toward reduced opioid misuse and abuse.

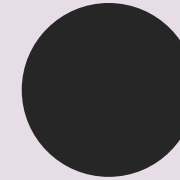
"I alone cannot change the world, but I can cast a stone across the waters to create many ripples." - Mother Teresa



June of 2016 we had a Prescribers Dinner
Pain management specialist educated local providers



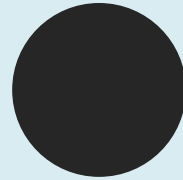
January 2017
Obtained over 204 doses from Behavioral Health Department



June of 2017
Presentations from Eliza Wheeler, MA/MS and CDPH

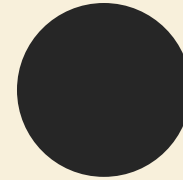
Interventions

Through partnerships, Lassen County started moving towards distribution .



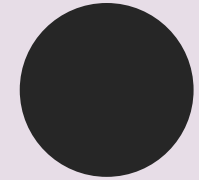
Obtained permission from Health Officer to move forward

Gathered a group of motivated individuals



September of 2017

James Wilson presented a train the trainer to 10 staff members

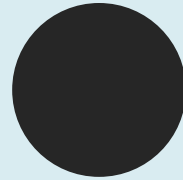


September of 2017

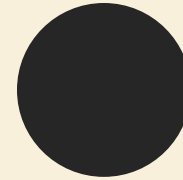
Started naloxone distribution

Continuing to Grow

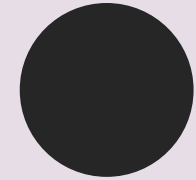
Lassen County Public Health is committed to the promotion and protection of health and wellness through education, prevention and collaboration..



Received the CDPH grant and contracted with Plumas County



Set up distribution sites throughout Lassen County



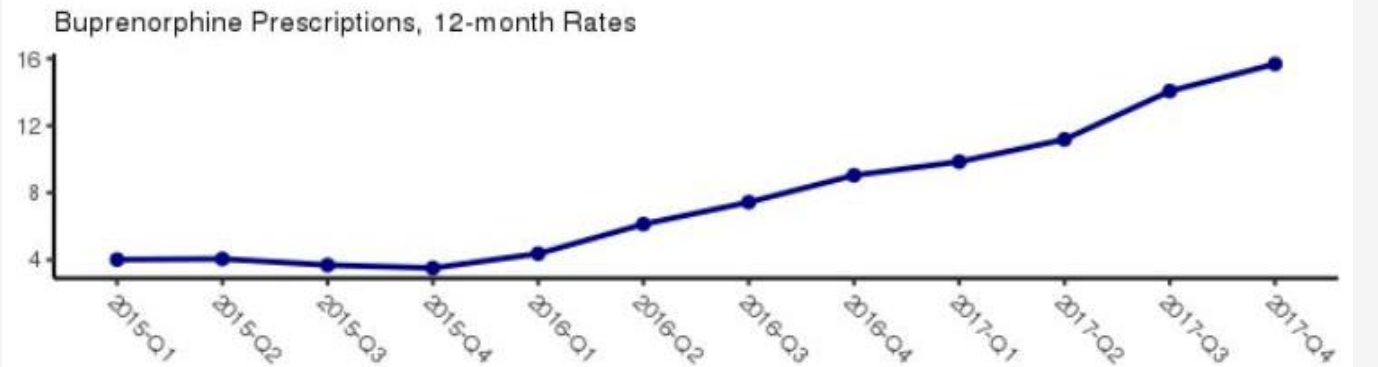
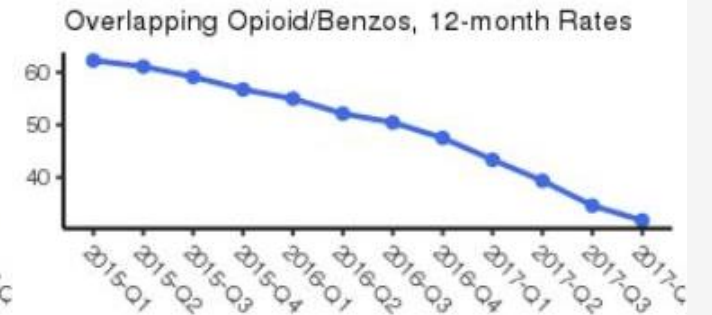
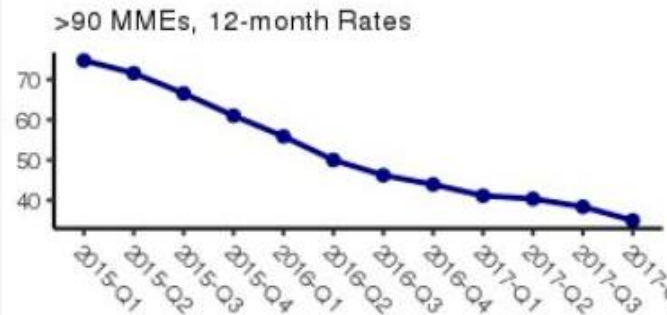
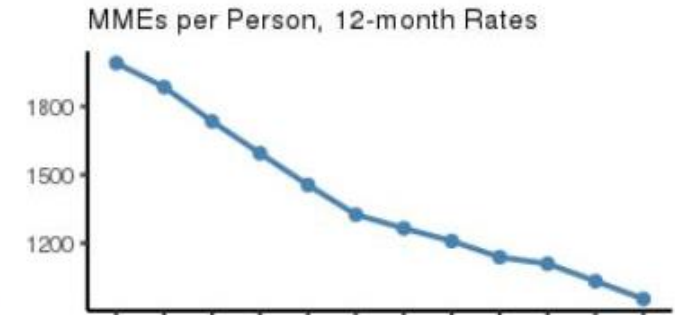
Distributed 150 kits to distribution centers and community members

Impact

Lassen County has seen some positive outcomes, but there is still a lot to be done.

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

- Margaret Mead



Siskiyou County's

Public Health and Inmate Health Opioid Epidemic Strategies 2018

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Director, Public Health Division
Director of Nursing
Director of Inmate Health

NALOXONE

- Public Health
- Inmate Health



Medication Assisted Treatment (MAT) in Jail



Clinical Barriers Identified in Jail

- Fear of diversion
- Fear of coercion/ victimization of other IMs
- Manipulation
- Increase in drug seekers
- UAs to determine drug use (Meth vs Heroin)
- Provider Education focused on custody setting
- Cost of Product



Healthy Siskiyou Mobile Unit



- HIV/HepC Testing
- Syphilis Testing
- Partner Treatment
- Syringe Exchange Program
- Mental Health Assessments
- Oral Health
- Referral:
 - Cal Works/MediCal/CalFresh etc.
 - Tobacco Cessation information
 - Drug Takeback
 - Etc. etc. etc.....

Questions on Implementing Naloxone and/or MAT in Your Own Jail Setting?

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