

## Plumas County Behavioral Health Commission Meeting

5/1/19 at Plumas County Library, Quincy, CA

Final

### Standing Orders

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:20 pm.

Roll Call: Members in attendance – Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Marian Liddell, Valerie Sheldon, Lori Simpson, Denise Pyper, Estres Wellings

County Staff in attendance: Aimee Heaney, Elizabeth McAllister , Nina Peay, John Posch; County Counsel: Gretchen Stuhr

Public in attendance: Johanna Downey (PCIRC), Trish Foley (EPHC), Kevin Trutna (FRC), Greg Ely (retired teacher), Susie Adair

### **Additions to or Deletions from the Agenda**

Quorum established: Total PCBH Commission members is now seven (7) as of Board of Supervisors meeting on 4/16/19. We actually have eight (8) members total, so one must abstain from voting when all are present.

Agenda Item #3 moved to Agenda Item #1. Kendrah moved to approve agenda as changed. Marian seconded. Motion carried.

### **Public Comment**

- Kevin Trutna gave report on FRC numbers, MH funding, and possible new nursing program.
- Marian suggested that we add FRC and other organizations as an ongoing agenda item.
- Introductions were made.

### Action Agenda

#### **1. Behavioral Health Department**

- a. MHSA Program Update (Aimee) – Final MHSA stakeholder report will be emailed out May 6<sup>th</sup>. A final public hearing needs to be scheduled for June 5, 2019 at BH Commission meeting.

No Place Like Home (Housing/Homelessness Plan) RFP draft for Plumas and Sierra Counties has been sent out for final review. Let Aimee know if you would like to review this before Friday, May 3, 2019. RFP will be advertised in local papers and beyond. May 8<sup>th</sup> is release of RFP, June 7<sup>th</sup> is due date for proposals. Sub-committee will rank the proposals. Ultimate goal is to bring more affordable housing for all populations to the counties.

Regarding recent Audit, BH Staff seemed satisfied with results. More will be reported at next month's commission meeting.

- b. AODA Update – not available
- c. Director's Report – not available
- d. Quality Assurance – not available

e. BH Information & Improvement – EQRO – From audit on April 24, 2019: network adequacy for MediCal – rates are better than state standards. Collaboration and jail services – better than many other counties. Issues – recruitment and retention of staff. Wellness Centers are doing well. Data points tracking could be improved – current database needs to be updated to record this.

Wellness Center numbers (Nina) – see handouts of numbers for Chester, Greenville and Portola. The commission requested that we receive these reports quarterly. Marian requested an “other” category be added for client self-reporting. It was noted that many services which should come under the Wellness Centers are currently not being provided.

## **2. Behavioral Health Commission**

a. Approval of Minutes – October 2, 2018, November 7, 2018, December 5, 2018, February 6, 2019, March 6, 2019 – Lori moved to approve all as amended, Vicki seconded. Motion carried. Estres, Vicki and new members abstained for the months they were not in attendance.

April 3, 2019 – Marian moved to approve, Denise seconded, motion carried. Joyce, Estres and Valerie abstained.

b. Review, discussion and resolution of PCBH Commission’s Mission and Rules – Marian suggested we create an ad hoc committee to discuss bylaw changes. Denise, Joyce and Marian volunteered to be on Bylaw Ad hoc Committee. Kendrah moved to create this ad hoc committee. Estres seconded, motion carried. Note: we are also hoping to have a Brown Act training and Ethics training in the near future.

c. Data Notebook – Joyce, Kendrah, Aimee and Jessica worked on this as a team. See handouts. Joyce moved to approve Data Notebook for 2018. Vicki seconded. Motion carried.

d. Public Hearing for Draft MHSA Annual Update 2018-2019 – Marian moved that the MHSA Public Hearing be at our June 5<sup>th</sup> commission meeting. Valerie seconded. Motion carried.

## **3. Informational Announcements & Reports**

a. Commissioners Reports and Announcements

- i. Co-Chair – No report.
- ii. Marian – Reported she did three visits to Chester Wellness Center, attended Community Corrections Partnership meeting, attended NorCal Continuum of Care Housing meeting, and has spoken to many BH staff and other agencies about specific issues. She plans to attend many related meetings in May.
- iii. Joyce – Next QI meeting is May 15, 2019 at 3:30 at the Annex. She attended the QI meeting in April and attended Continuum of Care Housing Meeting. She would like to present finalized Data Notebook to Board of Supervisors.
- iv. Lori – Remember HIPAA and confidentiality issues at meetings and in public. She attended Legislative Conference for Board of Supervisors in Sacramento: housing

issues were high on agenda, followed by wild fires. Regarding: IMD exclusion waiver (MediCal will not pay for services in facilities with more than 16 clients) – she will put on Board of Supervisors agenda for advocacy.

- b. Client Advocate Report – Elizabeth attended training in April including topics such as LGBTQ. She reported that two formal grievances were filed, some clinicians approached her about scheduling issues, and she has done site visits in Greenville, Portola and Chester. Trainings for staff will be offered soon. Marian requested that we receive a report from Elizabeth in writing in the future.
- c. Secretary/Treasurer Report – She attended safeTALK training on suicide prevention at FRC and recommends that everyone take this 3-hour training. She encouraged all to look into CA SB 428, requiring teachers to be trained as first responders for youth in mental health crisis.

Remember, **May is Mental Health month** – wear lime green ribbons and sign on to the paper ribbon campaign happening in several agencies throughout the county. **May 8<sup>th</sup> 11 am to 1 pm – BH employee appreciation potluck** at Mineral Bldg. at Fairgrounds – commission members are encouraged to attend.

#### **Public Comment**

None.

#### **Adjournment**

Simpson adjourned the meeting at 2:10 pm.

Next meeting will be **June 5, at Plumas County Library** Meeting Room, 445 Jackson St., Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen  
Secretary, Plumas County Behavioral Health Commission