

**Plumas County Behavioral Health Commission Meeting**

**3/4/2020 at Plumas County Library, Quincy, CA**

**Approved at 6/3/2020 meeting**

**Standing Orders**

**Call to Order / Roll Call**

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:15 pm.

Roll Call: Members in attendance – Vicki Chestnut, Kendrah Fredricksen, Valerie Sheldon, Lori Simpson

County Staff in attendance: Tony Hobson, Jessica McGill, John Posch

County Counsel: Sara James

Public in attendance: Marty Walters (PCIRC Board Chair), Trish Foley (Eastern Plumas Health), Denise Pyper (former commissioner)

**Additions to or Deletions from the Agenda**

No changes to Agenda. Quorum established (based on currently appointed membership).

**Public Comment – None**

**Action Agenda**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of 2/5/20 – Vicki moved approval; Valerie seconded. Motion carried.
- b. Resignation letters – We received resignation letter from Joyce Clare and resignation email from Estress Wellings. Resignation letter from Joyce accepted; resignation from Estress will have to be accepted next meeting (because it was not on agenda). We now need a community member, client, and family member on commission.
- c. Formal resolution combining former Alcohol & Drug Advisory Board with BH Commission – Discussed changes to Tony's proposed Resolution; Kendrah will update resolution with suggested changes and send to County Counsel for review.
- d. 700 Forms for Commission members – Deadline is April 1<sup>st</sup> – members present filled out and signed.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – Lori said there is a push from County Supervisors to get more flexibility for MHSA funds (to use these dollars inside jails and

for paroles). Tony said BH Directors are opposed unless the proposal is amended (need to add to services, not replace).

Vicki attended Youth Mental Health First Aid Class. It is suggested the people take such classes through PRS now while they are free (in future they will be costly).

- b. Patients' Rights Advocate Report (Elizabeth) – Not present.
- c. Secretary/Treasurer Report (Kendrah) – None
- d. Bylaws – Ad Hoc Committee – We need to review these as full Commission rather than sub-committee. Kendrah will work on drafting changes based on previous sub-committee's recommendations.
- e. MHSA Steering Committee – Aimee leads this committee, Denise and Elizabeth attend, next meeting March 26<sup>th</sup>.

### **3. Behavioral Health Department**

- a. Director's Report – Midyear budget was approved yesterday by Board of Supervisors. Changes made 1.5 years ago are coming to fruition. They have adjusted billing rate. They looked at caseloads and created expectations, providers need to capture all billable services. BH has created access points at the different Wellness Centers. They are now able to bring in more federal dollars (well over \$200,000). Hoping deficit will be gone by the end of fiscal year. They won't know if budget is balanced until approximately October.

5150 Crisis Response planning is still underway. MOU with Sheriff's Department and CHP has been signed. MOU is now with PDH, then it will go to County Counsel. BH staff will not respond to crisis situations between 10 pm and 8 am. Training is coming up on April 30<sup>th</sup> on 5150's (refresher for staff). BH is looking for people in community who also want this training. **Goal** is to have community-based response (in each community). This is Crisis Intervention Team model. Psych TeleMed is available 24/7.

County BH Director's Association was looking for pilot counties to provide Youth Mental Health First Aide training to all school staff and create Crisis Intervention teams in the schools. Plumas County was selected for this pilot program (\$172,000 cost will be paid by State). This is a train-the-trainer model.

BH received funding (\$468,000) from the Department of Health Care Services to provide Whole Person Care pilot. They are able to hire someone to do care coordination connected to housing. These funds were generated from our Point-in-Time Count. Jail MOU has been completed and is now in review.

BH is hiring for more therapists. They will be trying to fill the school positions which PRS recently laid off.

- b. AOD Report – Drug MediCal application was returned for LiveScan from Tony; he has scheduled fingerprinting. Medication Assisted Treatment Clinic is up and running. They will be able to back bill for an entire year.
- c. Quality Assurance Improvement (Jessica) – EQRO review is scheduled for April 15<sup>th</sup> (will include consumer focus group in Portola, especially new consumers).

BH received 5 informational notices from DHCS. These notices help develop departmental procedures. AB919 AOD Programs may not receive gifts for referring clients; Assessment Outcome Tool – must include chart numbers; Updates to optional forms – PCBH has updated 5150 form; other AOD notices.

360 open MH cases, 38 SUD

- MH 241 unduplicated clients, 811 contacts
- Jail 37 unduplicated clients, 50 contacts
- SUD 20 unduplicated clients, 109 contacts
- 3 Inpatient hospitalizations
- 1 Katie-A
- 29 FSP clients (housing first model)
- 28 new intakes in February

Next QIC meeting will be March 19<sup>th</sup> 10 am at Annex.

Hiring for Care Coordinator – will track access to services (which is now very cumbersome); short timelines exist; need to follow-up when people fall through the cracks; will help with concurrent review process (need to prove that clients meet level of care requirements) – this is all for MediCal reporting.

- d. Behavioral Health Commission Information and Improvement – Kendrah and Lori will discuss plan for Data Notebook.

Marty Walters – reported on behalf of PCIRC (she is now the chair of Board). Johanna Downey is no longer at PCIRC. The Board has formed an oversight committee but will be advertising for a new CEO soon. Board is restructuring for more governance from top to bottom and vice versa. Doing in-depth program reviews. She will be back in a few months to report more.

**Public Comment** – None

#### **Adjournment**

Lori adjourned the meeting at 1:40 pm.

Next meeting will be **April 1, 2020 Quincy Public Library**, Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary  
Plumas County Behavioral Health Commission