

**Plumas County Behavioral Health Commission Meeting**  
**12/2/2020 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**DRAFT**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Chair, Lori Simpson, called meeting to order at 1:03 pm. This meeting was held at our new meeting place: the PC Board of Supervisors' meeting room. The time of the meeting is also changed going forward: 1 to 3 pm.
- Roll Call: Commissioners in attendance – Kendrah Fredricksen, Lori Simpson, Valerie Sheldon, Vicki Chestnut, Lisa Tobe – on phone
- County Staff in attendance: Tony Hobson, John Posch, Liz Brunton – on phone
- County Counsel: Sara James
- Public in attendance: Denise Pyper, Elizabeth McAllister, Trish Foley (EPHC), Scott McCallum (PCIRC)

**Additions to or Deletions from the Agenda**

Start time of meeting is 1 pm, not 12 pm. Changed.

**Public Comment** – Denise Pyper presented Lori with a gift on behalf of the public (the “pen” to Plumas County and small stuffed Chipper).

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of 9/2/20 and 10/7/20 – Vicki moved to approve September 2020 minutes, Valerie seconded. Motion carried. Valerie moved to approve October 2020 minutes, Vicki seconded. Motion carried.
- b. Bylaws – Ad Hoc Committee – Final draft presented. Article VI A. remove “at noon.” Kendrah moved approval of updated Bylaws, Valerie seconded. Motion carried.
- c. Approve Resolution to Incorporate the Alcohol and Drug Advisory Board into the previously established Behavioral Health Commission. Kendrah moved approval of Resolution, Valerie seconded. Motion carried.
- d. Approve draft 2019-2020 Plumas County Behavioral Health Commission Annual Report to the Plumas County Board of Supervisors. Kendrah moved to approve the Annual Report with minor changes. Valerie seconded. Motion carried.
- e. Elect Officers for 2021 Calendar Year – the Board of Supervisors appointee has been the Chair for the past couple of years. Valerie is willing stay on as Vice-Chair, Kevin Goss may consider becoming Chair (if he is designated by BOS), so we still need a secretary (as Kendrah’s term is up). Lori mentioned that we hope to live-stream meetings in the future, so formal minutes may not need to be as detailed. Tony said it is possible someone from BH staff could do this. Denise said there used to be a person assigned to keep track of membership and do roll call. Kendrah moved that Valerie stay on as Vice-Chair, Lori seconded. Motion carried.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – Lori Simpson reported that Mae Sherman died last month (she was on the California Association of Local Behavioral Health Boards & Commissions and helped our county's commission over the years). Lori said it seems like the stigma around mental health is being reduced. 2020 has been very hard with COVID isolation, the fires, and the recent election.
- b. Patients' Rights Advocate Report (Elizabeth M.) – 6 phone calls in last 35 days, 3 for landlord issues, 1 change of clinician, 1 help with personal device, 1 from BH case manager. Attended Quality Assurance meeting.
- c. Secretary/Treasurer Report (Kendrah) – Attended MH Awareness Working Group in November. Learned that CHAT program has been defunded. Next meeting will be Dec. 17<sup>th</sup> from 11 am to Noon. She will send out Zoom link and Dot-to-Dot link to PCBHC attendees.

### **3. Behavioral Health Department**

- a. Director's Report (Dr. Tony Hobson) – Tony had been in head-on collision a couple weeks ago (cars were totaled). Plumas County is in the purple tier for COVID, so some changes have been made. They are still doing open access. Wellness Centers are open through doorbell process and COVID precautions. Telehealth for therapy is still an option. Psychiatry is up and running in hospitals. Continuing care is still there, vocational skills still running.

There are basically two Wellness Centers in Portola. BH through PRS is looking to combine space with PCIRC at their location. Sierra House in Quincy is on surplus (by BOS) and BH needs to move drop-in center. They are looking at EA's old location downtown.

Tony submitted the Data Notebook for us. (He will forward to Commission.)

Probation has been doing very well at working with BH regarding shared clients. PCIRC is also helping house people as needed. They are looking to enlist more peer support.

Jessica is sitting in QA meeting at this time.

- b. AOD Report – AOD groups need to change. The time limit needs to be reduced. They are looking at having a Teleconference set up (via phone) to do this.
- c. Quality Assurance Improvement (Tony for Jessica M.) – Received Informational Notices: auditing, peer support, timely access requirements, NPI identifier.
  - i. 252 open outpatient charts, 22 outpatient SUD charts, 200 unduplicated clients, 836 contacts, 665.5 hours; jail 19 clients, 32 contacts, 21+ hours; 36 SUD clients, 185 contacts, 47 hours; 3 hospitalizations (increasing); Katie A 2 clients, 6 contacts, 2 hours, FSP 28 clients, 173 contacts, 131+ hours
  - ii. Grievance reports: 2 privacy violations, 1 privacy grievance received, 3 quality of care concerns
  - iii. Elizabeth asked about Peer Support – they are trying to get trained Crisis people in each major community; they will also work with Sheriff's department in such situations.

d. Behavioral Health Commission Information and Improvement – Scott McCallum (New Executive Director at PCIRC); would like to expand services; looking at rebuilding PCIRC's building; looking at more housing for people coming out of prison.

Kendrah presented Lori Simpson with a plaque and gift certificate on behalf of the current Commission and BH staff who regularly attend these meetings.

Lisa –Women's Mountain Passages – working on stories with people, especially students, about the pandemic.

Trish – Eastern Plumas is going back to more Telehealth with the COVID increase.

**Public Comment** – None

**Adjournment**

Lori adjourned the meeting at 2:30 pm.

Next meeting will be **February 3, Location to be determined**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary  
Plumas County Behavioral Health Commission