

**Plumas County Behavioral Health Commission Meeting**  
**9/7/22 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**DRAFT**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:07 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut (by phone), Kendrah Fredricksen, Kevin Goss, Denise Pyper (by Zoom), Valerie Sheldon
  - County Staff: Kristie Pierson, Sharon Sousa, Jessica McGill, John Posch, Sam Schopplein, Elizabeth McAllister (by Zoom)
  - County Counsel: Gretchen Stuhr

Public: Not identified

**Additions to or Deletions from the Agenda** - *For urgent items only.*

**Public Comment** – None

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of June – Valerie moved, Kevin seconded with minor change. Motion carried.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – None
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – In last 30 days: 1 phone call from veteran asking about services; she attended last Board meeting; 1 call from a resident in Greenville who is now homeless and lost child to CPS – she made several referrals; no grievances.
- c. Secretary/Treasurer Report (Kendrah) – visited new Wellness Center downtown Quincy and found it to be very nice. It is now more conveniently located for most clients.

**3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa) – There is a candidate for Director position; they lost two therapists: Kristie Rood and Carrie Little. They now have only 6 therapists in county. BH has not received any new applications. There is definitely a strain on remaining therapists, especially with on-call duties. IRIS telehealth is still in process – they are also short on therapists. These would be 2 full-time telehealth therapists.

September is suicide prevention awareness month. Staff are wearing green ribbons for mental health awareness.

- b. Quality Assurance Improvement (Jessica M.) – Received several DHCS notices (see website or separate printed report – correction was made to dates).

293 charts open; 85 clients ages 0-20, 156 adult clients. New intakes in August were down from previous month, but crisis services were up; Psych placements were down slightly.

Open Access is now doing a Level of Care screening tool instead of a full assessment. Scores of 6 or above qualify for full assessment with PCBH. Lower scores indicate mild to moderate concerns and are referred to other providers. Anyone who wants a full assessment may request one with PCBH.

- c. MHSA report (Kristy Pierson) – She started with a Plan of Correction already in place and has cleared 9 items so far. We are past due on some reports – she is working with state to resolve this. It is Suicide Prevention Month. She is working on process for next 3-year MHSA plan. They will have public meetings in regard to this. Desk review audit is coming up at the end of this month.
- d. Behavioral Health Commission Information and Improvement – None

**Public Comment** – Kendrah commented that Commissioners are allowed to sit-in on Director interviews. She, Valerie and Denise would like to be included. (Kevin stated that we can only have two other commissioners besides himself on this.)

Adjourned as BH Commission and Convened as AODA Commission.

#### **Alcohol and Other Drug Advisory Board**

##### **1. Action Agenda – None**

##### **2. Informational Announcements & Reports –**

- a. AOD Report – They lost their AOD Administrator but have some candidates within and outside of the department. They will officially post the position again soon. This position has been neglected – there are past due issues, etc. Hoping to get the position filled ASAP to address this.
- b. Quality Assurance Improvement – No report.

**Public Comment** – None

#### **Adjournment**

Meeting adjourned by Kevin Goss, at 1:28 pm.

Next meeting: **October 5, 2022, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission