

**Plumas County Behavioral Health Commission Meeting**  
**8/3/22 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 9/7/2022 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:02 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss (by phone), Valerie Sheldon
  - County Staff: Kristie Pierson, Kristie Rood, Sharon Sousa, Elizabeth McAllister, Jessica McGill, John Posch, Sam Schopplein, Nikki Smalley (Zoom)
  - County Counsel: Josh Brechtel

Public: Che Shannon in-person and others online

**Additions to or Deletions from the Agenda - *For urgent items only.***

**Public Comment** – Valerie attended Doyle Days in Lassen Co. and visited a booth addressing suicide prevention. She said there is a new hotline: 988 (voice and text). It was noted that PCBH will be at Greenville this weekend for the same purpose.

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of June – Kevin moved, Vicki seconded with minor change. Motion carried. (There was no meeting in July.)

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – None
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – For last 60 days: No grievances, phone call for CalFresh, phone call for housing assistance, face-to-face with inmate, 12 phone calls from BH parent, 6 emails from BH parent, phone call re: denial of CalFresh, phone call re: inadequate repairs to Greenville Apt. complex, site visit to new Wellness Center downtown Quincy, phone call re: senior transport, phone call re: Eastern Plumas District Hosp.
- c. Secretary/Treasurer Report (Kendrah) – None

**3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa) – Denise requested that Sharon speak about the 988 Suicide & Crisis Hotline #. This went live on July 16<sup>th</sup> – can call, text or chat. There is a special option for veterans, Spanish-speaking, etc. Funded by SAMHSA. Yolo Co. call center covers Plumas Co.

PCBH applied for a 4-year grant for services in the school district and this was awarded. This started July 1, 2022 and covers public and charter schools, students, teachers, and staff. A therapist will be in the schools. Serena Retallack will be the coordinator. Telehealth will also provide services.

PCBH has at several staff vacancies and thus, is in the process of setting up a contract with IRIS for 2 full-time Telehealth therapists.

b. Quality Assurance Improvement (Jessica M.) – not present

Sharon reported: They are working toward implementing Cal-AIMS – doing training, changing electronic health records to Cal-AIMS forms.

Next QIC meeting is scheduled for August 25<sup>th</sup> from 10 am to Noon

MHSA coordinator (Kristie Pierson) – She is brand new, figuring out where to pick things up; they will have a booth at the Greenville event this weekend (August 5<sup>th</sup> – 6<sup>th</sup>). Contact her with questions.

c. Behavioral Health Commission Information and Improvement – None

**Public Comment** – None

Adjourned as BH Commission and Convened as AODA Commission.

**Alcohol and Other Drug Advisory Board**

1. Action Agenda – None

2. Informational Announcements & Reports –

a. AOD Report (Kristie Rood) – Just started in this position; trying to filter through things; many SUD changes are coming through State. Contact her with questions.

b. Quality Assurance Improvement – Jessica not present; no report.

**Public Comment** – None

**Adjournment**

Meeting adjourned by Kevin Goss, at 1:21 pm.

Next meeting: **September 7, 2022, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission