

**Plumas County Behavioral Health Commission Meeting**  
**4/5/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 5/3/2023 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Valerie called the meeting to order at 1:15 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Valerie Sheldon (quorum established)
  - Commissioners Absent: Kevin Goss, Kristy Tucker
  - County Staff (in-person, phone or Zoom): Jay Hemphill, Chad Hermann, Jessica McGill, Kristy Pierson, John Posch, Gary Sanderson, Sharon Sousa
  - County Counsel: Josh Brechtel, Sara James
  - Public in Attendance: Ericka Thompson – PDH Senior Life Solutions; Darin Wood – EA Family Services; Shannon Harston – PUSD; Shane McDonald; Ruthie Barrett (student applying to be on commission)

**Additions to or Deletions from the Agenda – For urgent items only.**

Correction made to date of next meeting: May 3, 2023 – *Kendrah moved to approve with correction, Valerie seconded, motion carried.*

**Public Comment** – The following public attendees introduced themselves and their programs:

- Ericka Thompson – PDH Senior Life Solutions provides intensive outpatient group therapy – for anxiety and depression. Kristie Rood is now their therapist. They also provide teletherapy.
- Darin Wood – EA Family Services runs transitional housing for PCBH and PC Probation, and provides targeted CM, clinical supports and services.

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of February 1, 2023 – *Vicki moved, Valerie seconded approval of minutes. Motion carried.*

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – Kendrah attended the MH Awareness group meeting with PRS last month. They are working on getting a list of BH/MH providers and services together for Plumas County. If anyone else would like to attend these meetings, please contact Dana Nowling at PRS.
- b. Patients' Rights Advocate Report – Elizabeth McAllister has resigned as Patients' Rights Advocate. Jessica McGill is temporarily filling this position. PCBH is in the process of looking for a new person to fill this position. One person is currently interested and is qualified.
- c. Secretary/Treasurer Report (Kendrah) – N/A

### **3. Behavioral Health Department**

#### **a. Director's Report (Sharon Sousa) –**

- New virtual hearing officers are fully on board regarding 5150 Holds (72-hours) – such holds must have a hearing.
- PCBH created a Request for Proposal (RFP) for Patients' Rights Advocate.
- PCBH has two new telehealth therapists and an in-person prescriber, PA (comes in-person twice per month) through Community Medical Centers (Chico).
- PCBH has openings for 2 site coordinators.
- PCBH has hired a second driver.
- PRS will no longer continue contract for transitional housing. RFP has been developed.
- EQR audit went well but noted lack of staffing.
- PCBH is working to bring back MHSA work crew – CM Rich Johnston – group focused on vocation (e.g. cemetery clean-up, writing resumes, etc.).
- Changes to Commission – Jessica wants to expand and broaden the focus of this group to the whole community. Community education is needed.

#### **b. Quality Assurance Improvement (Jessica McGill) –** see separate report. Many informational notices. Of note are the following:

- 23-004 Drug Medi-Cal is still pending.
- 23-005 Cal-AIM Quality Improvement Program is in process – phase 3 – need to meet state requirements.
- 23-006 Working on compliance with Ongoing Monitoring Activities Process for MI IP and DMC-ODS. Sanctions can be implemented if non-compliant.
- 23-009 Annual MH Consumer Perception Survey Collection – May 15<sup>th</sup> – 19<sup>th</sup>.
- 23-011 New process for report of involuntary treatment and conservatorship – now online.
- DRAFT Community Assistance, Recovery, and Empowerment (CARE) needs feedback by April 10<sup>th</sup>
- EQRO – occurred on March 15<sup>th</sup>. Report is pending.
- Program Improvement Project for FUA, FUM, and POD – need assistance from local Emergency Departments (e.g., PDH).
- Cal-AIM – phases 1 & 2 are finished.

**Access and Utilization for March 2023** – 330 open charts, 78% penetration rate. Unduplicated youth 112 clients, adults 146 clients. March Intakes 24, Crisis 9, Psych placements 4. No new grievances.

#### **c. MHSA report (Kristy Pierson) –**

- CA State has changed regulations and now PCBH Commission must include a youth member. Ruthie Barrett turned in her application.
- See full Stakeholder Survey Results in separate report (281 surveys received). Biggest self-reported issues = sadness, depression. Only 9% were not aware of services in the county. Kristy will work on the next MHSA 3-year plan based on these surveys.
- Innovation Report re: Mobile Crisis Team. Local need is less than 1 mobile team, less than 2 beds. Total cost a year is \$2.2 million. Last 5-year Innovation was \$600,000 total. Thus, a Mobile Crisis Team is not feasible.
- Governor Newsom's proposal for MHSA reform – will be voted on in November 2024. Will have 3 parts: 30% Housing, 35% FSP, 35% everything else. MHSA funds for the next year are good and might be doubled, but the proposal will end PEI (schools, wellness centers, roundhouse, etc.). The next three-year plan is what might be a problem.

d. Behavioral Health Commission Information and Improvement – None.

**Public Comment** – None.

Adjourned as BH Commission and Convened as AODA Commission.

**Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None.

2. **Informational Announcements & Reports** –

a. AOD Report (Gary Sanderson) –

- Fiscal year 17-18 audit – providing additional documentation to State.
- Fiscal 22-23 audit is happening April 20<sup>th</sup>.
- Notice of Adverse Benefits Determination – SUD language standardized.
- Technical assistance meeting scheduled re: DUI program fee increases.
- Drug Medi-Cal application must be resubmitted by June.

b. Quality Assurance Improvement (Jessica McGill) – see MH report.

**Public Comment** – None.

**Adjournment**

Meeting adjourned by Valerie 1:59.

Next meeting: **May 3, 2023, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission