

Plumas County Behavioral Health Commission Meeting
12/6/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 2/7/2024 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: called the meeting to order at 1:10 pm.
- Roll Call/Attendance:
 - Commissioners: Vicki Chestnut, Kendrah Fredricksen (NO quorum established)
 - Commissioners Absent: Ruthie Barrett (youth rep.), Kevin Goss, Valerie Sheldon, Kristy Tucker (she has a class this falls which conflicts)
 - County/Contracted Staff (in-person, phone or Zoom): Jacob Grigg, Jessica McGill, Jay Hemphill, Kristy Pierson, John Posch, Gary Sanderson, Sharon Sousa
 - County Counsel: Josh Brechtel
 - Public in Attendance (by Zoom): Scott Cash (EA), Shane McDonald, Megan McCrorey (PDH RN), Ericka Thompson (PDH Senior Solutions), Rhonda Wayson (Plumas Charter School)

Additions to or Deletions from the Agenda/Approval – *For urgent items only.*

Public Comment – None

ACTION AGENDA

1. Behavioral Health Commission

- A. Review and approve draft minutes of November 1, 2023 – Hold until next meeting, since there is no quorum.
- B. Discuss and Recommend new Commission member to the Board of Supervisors
 - i. Application received from Megan McCrorey, RN at PDH – Hold until next meeting, since there is no quorum.

2. Informational Announcements & Reports

- A. Commissioners Reports and Announcements – N/A
- B. Patients' Rights Advocate Report (SmithWaters Group) – N/A
- C. Secretary/Treasurer Report (Kendrah) – Plans to complete Data Notebook in early 2024. Commission Roster indicates that terms are up for Kristy Tucker and Valerie Sheldon. We will need to have them re-approved for new terms at next meeting.

3. Behavioral Health Department

A. Director's Report (Sharon Sousa)

- i. Staff has had many trainings – group leadership, 5150, law & ethics, P&P, etc.
- ii. The new budget year starts in June – need to finalize budget by March (within budget for current year due to staffing shortages).

- iii. CAL-AIM – credible system is complex, still a learning curve.
- iv. Staffing is biggest issue for the Department: Jackie Blanton retired in February, Ericka in Chester moved, No therapists in Chester or Greenville.
- v. Involved in Community Activities – Children's Fair, FRC, etc.
- vi. A new newsletter was started in 2023.
- vii. Wellness Centers in Portola, Quincy & Chester; office hours in Greenville at PDH clinic. The Drop-in Center on Lee Rd. and Sierra House have been packed-up and completely closed.
- viii. Hope to be drug Medi-Cal approved soon.
- ix. Governor's Reform on MHSA – will radically change MHSA funding.
- x. Moving forward with Mobile Unit and Care Court for 2024.
- xi. Looking at housing needs for clients, especially SMI population.
- xii. No Place Like Home – apartment units – drainage issue solved, but local housing authority says it must be HUD for non-PCBH units, grant funding is ending. Need to explore other options for longer term housing.
- xiii. 1 client transferred from out of county placement returned; 5 adults still housed out of county (IMD)

B. Quality Assurance Improvement (Jessica McGill) –

- DHCS Correspondence – meet biweekly with liaison – last corrective action plan has been accepted.
 - i. 23-059 Medi-Cal AB 13 – Justice-Involved Reentry initiative - policy & operational guide – must provide re-entry services for people in jail. Must provide: CM, physical & MH, lab/radiology, medication services, peer support, etc. Jail is responsible to make sure these things happen.
 - ii. 23-060 MHSA – timely access submission requirements – quarterly reporting (CSI assessment)
 - iii. 23-061 MHSA Allocation & Methodology for Fiscal Year 2023-24
 - iv. 23-062 Cal-AIM Quarterly Appeals and Grievance Report – need to resubmit.
 - v. 23-065 Updated Requirements for Written Records of Antipsychotic Medication administration
 - vi. 23-067 W&I section 5402 – LPS Act – evaluated for hold, PCBH must report to state (regardless of which hospital is involved)
 - vii. 23-068 Documentation requirements for specialty mental health programs, drug-Medi-CAL – training staff on these standards, creating new policies and procedures.

Access and Utilization for November – 410 open charts, increase of 32% from October, penetration rate is 42% (down).

Youth – 52 unduplicated

Adults – 115 unduplicated

New Intakes – 29

Crisis Services – 24

Psych placements – 2

Grievance – 1 staff behavior concern

C. MHSA report (Kristy Pierson) –

- i. Governor's reform – things are constantly changing; 2018 plan of corrections has been officially accepted/closed. 2022 desk review – all responses have been submitted for the findings.

D. Behavioral Health Commission Information and Improvement – None.

Public Comment – None

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda** – None.

2. **Informational Announcements & Reports –**

A. **AOD Report (Gary Sanderson)** –

- Drug Medi-Cal application has been approved! Waiting for log-in credentials to be sent to us (via USPS).
- Business as usual.
- Pre-audit (2022-2023) info request for DMC and SUBG – upcoming audits. Need to provide much info to State.
- Weekly substance use disorder meetings for staff – weekly utilization management.
- SUD Resource Providers – e.g. CHESS Health – to provide info to clients and larger community (checking into costs). Also looking at Let's Recover provider – to expand outpatient services.

DHCS Correspondence –

- 23-063 DUI Programs – DHCS to issues regulations on virtual services
- 23-064 Naloxone use – funding sources, best practices
- 23-066 SUD recovery or treatment facilities licensure and certification fee increasing
- 23-068 Update to documentation requirements for all SMH, DMC, Drug Medi-Cal organized delivery system (DMC-ODS)

Access and Utilization for November –

54 open charts, 3 unduplicated youth, 37 unduplicated adults

3 new intakes (down), 0 crisis services

1 person in residential treatment continued; 0 grievances.

B. **Quality Assurance Improvement** – N/A

Public Comment – None.

Adjournment

Meeting adjourned by Kendrah @ 1:46 pm.

Next meeting: **January 3, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission