

**Plumas County Behavioral Health Commission Meeting**  
**3/6/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 4/3/2024 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin called the meeting to order at 1:05 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Megan McCrorey, Kristy Tucker (quorum established)
  - Commissioners Absent: Valerie Sheldon
  - County/Contracted Staff (in-person or by Teleconference): Jacob Grigg, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa, Heidi White
  - County Counsel: Sara James
  - Public in Attendance (in-person or by Teleconference):

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.*

Move scheduled presentation to John Posch to next month. Vicki moved, Kristy seconded. Motion carried.

**Public Comment** – None

**ACTION AGENDA**

**1. Behavioral Health Commission**

- A. Review and approve draft minutes of February 7, 2024
  - i. Vicki moved and Kristy seconded to approve. Motion carried.
- B. Presentation to John Posch
  - i. Move to next meeting
- C. Presentation of essay contest winners
  - i. Three students presented their essays – re: social media impact on mental health
    - Addison Gay (11<sup>th</sup> grader)
    - Madeline Blaufuss (10<sup>th</sup> grader)
    - Cheyanne Ellison (10<sup>th</sup> grader)

**2. Informational Announcements & Reports**

- A. Commissioners Reports and Announcements –
  - i. Secretary/Treasurer Report (Kendrah) – Still waiting for response from CPS/Social Services Director regarding Data Notebook for 2023.
  - ii. Received application from Bill Cook to represent veterans on PCBH Commission – will put on agenda for next meeting
- B. Patients' Rights Advocate Report (SmithWaters Group) – N/A

### **3. Behavioral Health Department**

#### **A. Director's Report (Sharon Sousa)**

- i. Good progress on global crisis unit van (starts June 30<sup>th</sup>)
- ii. Readiness assessment plan – needs assessment, helps guide them to resources – due April 1st
- iii. Met with Judge Prouty about Care Court – will start June 1<sup>st</sup>
- iv. Jackson Coker contract – credentialing the providers for telehealth & 5150s (from AmWell)
- v. Mid-year budget – under budget due to lack of staff, hoping to increase salaries
- vi. New position – AOD counselor – will increase ability to bill drug MediCal
- vii. Continuum of Care job description – in process of updating – needs to address adults in out-of-county care, securing housing, etc.
- viii. Proposition 1 – awaiting results
- ix. Medicare certification is with county counsel (this would also help us get TriCare certification)
- x. Meeting with partners – multi agency leadership team – working on ROI – for Children's Systems of Care

#### **B. Quality Assurance Improvement –**

- DHCS Correspondence – meet biweekly with liaison – last corrective action plan has been accepted.
  - i. 24-008 re: who is responsible to pay for MediCal claims (based on county of residency)
  - ii. 24-009 Consumer Perception Survey – done yearly in May (access, quality of care, etc.)
  - iii. 24-Draft Psychiatric Residential Treatment Facilities (PRTF) – submit feedback regarding billing by April 1<sup>st</sup>
  - iv. 24-Draft CARE Act – will be implemented in PC for schizophrenia and homeless
  - v. PIP – FUM – follow up after Emergency Dept. contact (see separate handout)
  - vi. EQRO – scheduled for April 23<sup>rd</sup> – looking for consumers to participate

**Access and Utilization for February 2024** – 309 open charts

**Youth** – 89 unduplicated

**Adults** – 157 unduplicated

**New Intakes** – 27

**Crisis Services** – 8

**Psych placements** – 3

**Grievances** – 1 medication

#### **C. MHSA report (Kristy Pierson) –**

- i. Waiting for results on Prop 1
- ii. Need to spend down funds in 2<sup>nd</sup> year – increase contracts temporarily
- iii. Planning meetings will be set up if Prop 1 passes (30-day public comment)
- iv. One grievance/suggestion – use MHSA funds to hire more police (MHSA cannot be used for this)
- v. Still need youth representative on PCBH Commission

#### **D. Behavioral Health Commission Information and Improvement – N/A**

**Public Comment** – N/A

Adjourned as BH Commission and Convened as AODA Commission.

## **Alcohol and Other Drug Advisory Board**

### **1. Action Agenda – None.**

### **2. Informational Announcements & Reports –**

#### **A. AOD Report (Gary Sanderson) –**

- a. BHIN DRAFT - medications for opioid use disorder for incarcerated patients (provide feedback) – PC is already doing this due to Medical Director for BH and County jail being the same person.
- b. PIPs – (Jessica)
  - i. Follow up to SUD services after ED visit (see additional handout)
  - ii. POP – Maintaining opioid medication services through pharmacies – review what could potentially prevent client from maintaining this service – this project has been very successful – but could bring more folks into this program
- c. Kevin mentioned opioid settlement money which will be coming to PC
- d. Gary – last month was at a statewide meeting in Sacramento
- e. Working on mandatory AOD certification – at least one AOD staff member must be First Aid certified (would like to train all staff on this)
- f. Drug MediCal audit has been submitted – capacity reporting on new system has had issues – working with state IT
- g. MOU for Primary Prevention – waiting for PH to respond
- h. New Outpatient Drug Free group – 5 participants so far
- i. One timely access issue – notified state, rectified this issue

#### **Access and Utilization for February – 63 open charts**

4 youth, 59 adults

13 new intakes

1 crisis service

No grievances

#### **B. Quality Assurance Improvement – N/A**

**Public Comment** – Kevin reported that Dr. Kepple has received Medical Director of the Year for the State.

FRC's job fair is this evening – BH will have a booth there.

Sharon – one adult in residential treatment is being recommended to come off conservancy.

### **Adjournment**

Meeting adjourned by Kevin @ 2:02 pm.

Next meeting: **April 3, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission