

**Plumas County Behavioral Health Commission Meeting**  
**4/3/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at May 1, 2024 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin called the meeting to order at 1:09 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)
  - Commissioners Absent: Megan McCrorey
  - County/Contracted Staff (in-person or by Teleconference): Heidi Clement, Jacob Grigg, Jessica McGill, Kristy Pierson, Avery Pound
  - County Counsel: Sara James
  - Public in Attendance (in-person or by Teleconference): Bill Cook, Jesslan Avalos (EPHC)

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.*

Move scheduled presentation to John Posch to next month, and accept agenda as amended. Kendrah moved, Kristy seconded. Motion carried.

**Public Comment** – Pledge of Allegiance was led by Bill Cook.

**ACTION AGENDA**

**1. Behavioral Health Commission**

- A. Review and approve draft minutes of March 6, 2024
  - i. Vicki moved and Kristy seconded to approve. Motion carried.
- B. Presentation to John Posch
  - i. Moved to next meeting.
- C. Discuss and recommend new commission member, Bill Cook, PC Veterans Services Officer, to the Board of Supervisors – Kevin moved, Valerie seconded. Motion carried. This will go to the Board of Supervisors for final appointment.

**2. Informational Announcements & Reports**

- A. Commissioners Reports and Announcements
  - i. Secretary/Treasurer Report (Kendrah) – no update.
  - ii. Chair (Kevin Goss) – no update.
  - iii. Other Commissioners – no update.
- B. Patients' Rights Advocate Report (SmithWaters Group) – The group said they usually only provide a yearly report.

### **3. Behavioral Health Department**

#### **A. Director's Report (Jessica McGill for Sharon Sousa)**

- i. Board of Supervisors passed resolution for PCBH to apply for Medicare certification (and ultimately, Tri-Care certification).
- ii. Due to staffing shortages – Chester Wellness Center hours: M-W and Fri. 9 am to 4 pm, Thur. 9 am to noon (closed every day from Noon to 1 pm).
- iii. Recruiting for 2 site coordinators – Chester and Quincy, and for an Admin. Assist.
- iv. Recently hired a 2<sup>nd</sup> driver.
- v. New Systems Analyst – Avery Pound (present today).
- vi. Prop 1 officially passed.
- vii. Scheduled for external review on April 23<sup>rd</sup> – need consumers to participate.

#### **B. Quality Assurance Improvement**

DHCS Correspondence – meet biweekly with liaison – Cleared of corrective action plan for 2022.

- i. BHIN 24-011 Change to LPS act – redefines “gravely disabled,” changes for conservatorship proceedings, expanded data collection and requirements.
- ii. 24-013 – LPS Act quarterly data collection and involuntary treatment
- iii. PIPs – FUM follow up after Mental Health ER contact – hoping to align with new telehealth psychiatrist.
- iv. EQRO – April 23<sup>rd</sup> starting at 9 am – need consumers for focus group.

**Access and Utilization for March 2024** – 297 open charts

**Youth** – 83 unduplicated

**Adults** – 167 unduplicated

**New Intakes** – 34 (up from February)

**Crisis Services** – 12 (up)

**Psych placements** – 3

**Grievances** – 3 open change of provider requests, 1 dept. policy – staff behavior issue

#### **C. MHSA report (Kristy Pierson) –**

- i. Prop 1 did pass – in the process of learning what that means and what the state requires.
- ii. Funding streams will change – PEI and WET will go to housing, FSP, 51% on early intervention (being redefined)
- iii. BH Connect – new program – club houses vs. Wellness Centers
- iv. Community Planning meetings will be in the next couple of weeks for the MHSA 3-year plan, some contract amounts will be increased for spend-down; no new services will be offered.
- v. May is Mental Health Awareness month – planning on local visibility (including info to go to schools). 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders will receive a mindfulness journal.
- vi. All-staff meeting had presenter on Cultural Competency for Hispanic community. Bill Cook did a training on Veterans at their quarterly meeting.

#### **D. Behavioral Health Commission Information and Improvement – N/A**

**Public Comment** – N/A

Adjourned as BH Commission and Convened as AODA Commission.

**Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None.

2. **Informational Announcements & Reports** – None

A. **AOD Report (Jessica McGill for Gary Sanderson)** –

- a. A surprise state audit is being held today.
- b. BHIN 24-012 – re: DUI services in virtual settings.
- c. 24-011 see BH section above.
- d. PIPs: FUA – follow-up for SUD services after ED visit; POP - maintain and extend opioid medication services.

**Access and Utilization for March** – 62 open charts

3 youth, 54 adults unduplicated

15 new intakes (up)

1 crisis service

No residential placements

Grievances – none

B. **Quality Assurance Improvement** – N/A

**Public Comment** – None

**Adjournment**

Meeting adjourned by Kevin @ 1:35 pm.

Next meeting: **May 1, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission