

**Plumas County Behavioral Health Commission Meeting**  
**5/1/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 6/5/2024 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Valerie called the meeting to order at 1:05 pm.
- Roll Call/Attendance:
  - Commissioners: Bill Cook, Kendrah Fredricksen, Megan McCrorey, Valerie Sheldon (quorum established)
  - Commissioners Absent: Vicki Chestnut, Kevin Goss, Kristy Tucker
  - County/Contracted Staff (in-person or by Teleconference): Jay Hemphill, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa, April Gott
  - County Counsel: Sara James
  - Public in Attendance (in-person or by Teleconference): N/A

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.*

**Public Comment** – None

**ACTION AGENDA**

**1. Behavioral Health Commission**

- A. Review and approve draft minutes of April 3, 2024
  - i. Megan moved to approve the minutes and Bill seconded. Motion carried.
- B. Presentation to John Posch
  - i. Kendrah and Sharon will present the award to John at his home on May 6<sup>th</sup>. Others interested in attending should let Kendrah know and she will let you know the time and where to meet.
- C. Discuss and recommend new Commission members – no applications. Rhonda asked about the purpose of the commission. Discussion followed.

**2. Informational Announcements & Reports**

- A. Commissioners Reports and Announcements –
  - i. Chair – N/A
  - ii. Secretary's Report (Kendrah) –
    - Kendrah reported that she submitted the Data Notebook for 2023 online at the end of April 2024 (late). Printed copies were available at this meeting and the results were discussed. Questions focused on Adult Residential Care, Homelessness, Foster Children in Congregate Care, and Stakeholder Engagement in the public BH system. Thank you to Sharon Sousa and Kristy Pierson for their help in answering the questions.
    - Attended MH Awareness Working Group run by PRS online
    - Attended MHSA Stakeholder's meeting online

- Attended 20,000 Lives meeting in-person.
- iii. Others – Bill serves on the Board of PCIRC and attends those meetings; he also attended the April 24<sup>th</sup> Sexual Assault Awareness meeting, monthly Veterans service club meetings, and 3 evening presentations.
- B. Presentation by PCBH contracted providers – Rhonda (Plumas Charter) – schools have temporarily received increased funding from MHSA – this allows for two staff; they are implementing small groups (prior to therapy) such as “Lunch Bunches,” which are working on anxiety, coping skills, and trying to provide as many services as possible (including outside of school); the Greenville wellness area is under consideration. Bill Cook asked about cell phones at school and Rhonda said this is a problem.

### 3. **Behavioral Health Department**

#### A. **Director’s Report (Sharon Sousa)**

- i. It’s been very busy the last 30 days
- ii. They mailed the Medicare billing application – waiting to see if it is accepted
- iii. Staffing – they recruited a site coordinator for Chester and front desk help (M-F 9 am to 4 pm)
- iv. They have a new Systems Analyst – Avery Pound
- v. Sam Schopplein is back from leave (hooray!)
- vi. The Admin. Assistant position is still open
- vii. The Driver position is still open (CM is helping out)
- viii. EQRO audit occurred on April 23<sup>rd</sup> – external quality review – waiting for findings report
- ix. Turned in plan for correctional facility assessment readiness (for folks coming out of jail); working on mobile crisis unit and care court – the implementation plan was sent to state.
- x. Change in afterhours provider – Amwell is on the way out, Jackson & Coker is in (for 5150’s, etc.), EPHC will be starting with this soon (was supposed to start today), it is hoped this will provide better customer care.

#### B. **Quality Assurance Improvement** –

- DHCS Correspondence – Received Corrective Action Plan Resolution from 2022 audit.
  - i. 24-014 CARE Act Fine & Repayment Guidance on penalties
  - ii. 24-015 CARE Act Reimbursement Rates and Billing Guidance
  - iii. 24-XXX Draft – Transfer of children placed in out-of-county foster homes (how funds are spent)
  - iv. PIPS – FUM – no ER contacts yet, no updates
  - v. DHCS – All MH CAPS currently resolved; 1 open NACT CAP – will be resubmitted
  - vi. EQRO – in progress, awaiting feedback

**Access and Utilization for April** – Not available yet

**Grievances** – 2 change of providers, 1 policy concern/staff behavior

Resources are available from PRA(SmithWaters)

#### C. **MHSA report (Kristy Pierson)** –

- i. Cleared plan of correction from 2022 for MHSA
- ii. Working on Annual Update – hope to bring to this meeting next month
- iii. May – Mental Health Awareness Month (signs will be put up in town)

- iv. Wellness Kits for students – journal, coloring sheets, toys, pens, ChapStick, stickers, bracelets, etc. – hope to have them out to schools by then end of next week

**D. Behavioral Health Commission Information and Improvement** – Rhonda – Community Resource Coordinator at Plumas Charter Schools (trying to become community schools). Seeking members from the community who want to get involved with children – e.g. guest teachers, etc. Trying to integrate services for whole child support (e.g. soft skills, real world learning).

**Public Comment** – Valerie spoke about Telemedicine counselor at the high school. MHSA grant pays for this. She said it is helping her daughter. Rhonda said there is an app available to PCOE kids which helps as well.

Adjourned as BH Commission and Convened as AODA Commission.

### **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None.

2. **Informational Announcements & Reports** –

A. **AOD Report (Gary Sanderson)** – It has been very busy.

- a. On 4/22, went to Empire Recovery (Redding) – RTF – did annual monitoring and auditing of site with 2 other counties.
- b. Working with DHCS to find bridge DUI services through Butte County providers (Rethink Industries in Quincy is no longer doing this.) – Working on RFP for this.
- c. Contacting County Counsel re: PC1000 DEJ education classes re: need for RFP
- d. PCBH SUD audit scheduled with DHCS on 5/15
- e. On 5/20 – going to Granite Wellness RTP in Grass Valley – to monitor charts on our clients. Meeting with Admin. about contract to change to blended/hybrid services.
- f. Grant money received and paid out. Prefer to be under Drug Medi-Cal – PCBH would be reimbursed by state.
- g. Audit of AGEIS – Narcotic Treatment program (Chico) is being scheduled – PC residents can go anywhere in state for services.
- h. They are working on different corrective action plans for Drug Medi-Cal from previous years.
- i. PH must discontinue providing naloxone (due to lack of funding) – this will now go through BH.
- j. Mandatory AOD Certification has been sent in with \$3,500 fee – waiting for response – have 45 days to submit corrections (anticipate many corrections since large counties are receiving multiple deficiencies). Changes of job classifications may be required. PCBH has been trying to get new classifications approved by Plumas County. There will be penalties if not certified by 1/1/2025.

**Access and Utilization for April** – not available yet

DHCS correspondence are now monthly (instead of weekly)

No new BHINS

PIPS/FUM – no referrals

POP – Opioid medication services – ongoing

1 open grievance re: services/access

B. **Quality Assurance Improvement** – N/A

**Public Comment** – N/A

**Adjournment**

Meeting adjourned by Valerie @ 2:27 pm.

Next meeting: **June 5, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission