

**Plumas County Behavioral Health Commission Meeting**  
**9/4/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 10/2/2024 meeting.**

**STANDING ORDERS**

**Call to Order / Roll Call**

Call to Order: Kevin called the meeting to order at 1:03 pm.

Roll Call/Attendance:

Commissioners: Vicki Chestnut, Bill Cook, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)

Commissioners Absent: Megan McCrorey

County/Contracted Staff (in-person or by Teleconference): Jacob Grigg, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa, Heidi Clements

County Counsel: Sara James

Public in Attendance (in-person or by Teleconference): Merle Rusky, Rhonda Wayson

Pledge of Allegiance

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.* Bill moved, Kristy seconded to approve agenda. Motion carried.

**Public Comment** – N/A

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of August 7, 2024
  - i. Vicki moved to approve the minutes and Bill seconded. Motion carried.
- b. Discuss and recommend new Commission members – none, but Kristy P. has a possible lead.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements
  - i. Chair (Kevin Goss) – N/A
  - ii. Secretary's Report (Kendrah) – Attended part of QIC meeting last month.
  - iii. Others – Bill will attend regional BH Commission training this Saturday.
- b. Presentation by PCBH contracted providers – Hope to have Patients' Rights Advocates here for October meeting.

**3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa)
  - i. Medicare application was accepted (many thanks to fiscal person).
  - ii. Staffing good, but down 50% with therapists; other places offer \$120,000 salary with benefits for online therapy (flexible work schedule); when asked, Sharon mentioned that PDH has 3 new therapists (one for Skilled Nursing Facility, one for Senior Life Solutions, one therapist in clinic); on-call schedules are a detriment for PCBH staff.

- iii. Child under 12 was placed on involuntary hold; shortage of beds for kids this age; no bed found; “5150” hearing was held; hearing officer determined child did not need inpatient bed; a safety plan was put in place.
- iv. August 21<sup>st</sup> meeting: housing options for voluntary clients, 3 options for long-term residents: designated supportive housing (e.g. like Sierra House), permanent local housing (PLHS) grant of \$60,000, MSHA \$80,000 will end in 2026, need 8 -12 units
  - 1. (1) could contract with PCIRC (\$100,000 to build bungalows) for 5 units – rent would be \$4,000 per month
  - 2. (2) could expand contract with EA – more flexibility and more than just transitional
  - 3. (3) contract with RCHDC (Rural Communities Housing Development Corporation) – 32-unit complex in Greenville (low-income housing) – would be paid under SSI. (There is a lack of wraparound services in Greenville.) Rhonda suggested that this be discussed at Dixie Fire Collaborative meetings. Sara asked about the old “Harlem House” property. Sharon said she will talk to Roger Diefendorf of PCCDC (Merle volunteered to be on an ad hoc committee which would explore some options to build housing.) [Make this an agenda item going forward.]
- v. Sometime in future, Plumas County may form a “Health and Human Services Department” with BH, PH, and SS – but not at this time.
- vi. Mobile Crisis Unit – Sharon emailed the 3 PC hospitals to discuss using EMTs for this contract. PDH was the only one to respond – they would like to discuss this at the next partnership meeting.
- b. Quality Assurance Improvement (Jessica McGill)
  - i. DHCS Correspondence – BHINs, etc.
    - 1. 24-032 (previously a draft) – Servicemembers Civil Relief Act - Veterans professional licenses can transfer from state to state
    - 2. 24-033 supersedes 20-069 – MH professional licensure waiver
    - 3. PIPs – unchanged (waiting for EQR team to come on board)
    - 4. DHCS – all MH CAPS currently resolved
  - ii. Access and Utilization for August
    - 1. 253 open charts, 166 unduplicated clients, 66% penetration rate
    - 2. 52 youth; 114 adults
    - 3. New Intakes: 20
    - 4. Crisis Services: 28 (staff are documenting this more)
    - 5. Psych Placements: 2
  - iii. Grievances –
    - 1. 1 privacy/code of conduct
- c. BH Commission Information and Improvement – [Put back on agenda] Kristy Pierson, MHSA – September is Suicide Prevention Month (putting signs up, resources available in Wellness Centers and Annex), providing “Thrival Kit” journals for kids, FRC students, etc. MHSA Annual Update goes to BoS next week and then will go to state. Kristy will attend housing workshop in Sacramento tomorrow.

**Public Comment** – N/A

**Adjourned as BH Commission and convened as AOD commission.**

## **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None.
2. **Informational Announcements & Reports**
  - a. **AOD Report (Gary Sanderson)** –
    - i. SUBG application has been accepted (funding is connected to this)
    - ii. Mandatory AODA certification – still awaiting the 180-day period
    - iii. Working on monitoring reports with other counties
    - iv. Audit findings - DHS 23-23 Drug MediCal – 15 deficiencies – they will do corrective action plan
    - v. Harm Reduction Summit in Redding next month (free to anyone – contact Gary)
    - vi. Working with contract specialist on residential contracts (for Perinatal services)
    - vii. Substance Use disorder contract with Partnership
    - viii. Butte County – DUI program has been approved by BoS
    - ix. RFP – PC1000 drug education – no answer, seeking online resources
  - b. **Quality Assurance Improvement**
    - i. DHCS correspondence – (will now be meeting every other month)
      1. 24-030 2024 CalOMS Tx update to demographic reporting (e.g gender inclusive)
      2. 24-031 DNA, non-cash-based incentives for Methamphetamine users
    - ii. PIPs – FUA (still no referrals) and POD in process – Maintaining Opioid Med Services – 50% average
    - iii. Access and Utilization for July – N/A
      1. 48 SUD charts open, 26 unduplicated clients, 54% penetration rate, most services are group services
      2. 0 youth (s/b 2), 26 adults
      3. New intakes: 7
      4. 1 residential placement (hoping that person will transition out soon)
      5. 1 grievance regarding Access
      6. Sara asked about Granite Wellness Centers and LPC changes (coming Jan. 2026 – no locked doors in these facilities – all counties are struggling to figure this out
      7. This month is national Recovery Month

**Public Comment** – N/A

### **Adjournment**

Meeting adjourned by Kevin @ 2:13 pm.

Next meeting: **October 2, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission