

**Plumas County Behavioral Health Commission Meeting**  
**11/6/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at the 12/4/2024 meeting.**

**STANDING ORDERS**

**Call to Order / Roll Call**

Call to Order: Bill Cook called the meeting to order at 1:02 pm.

**Roll Call/Attendance:**

Commissioners: Bill Cook, Kendrah Fredricksen, Megan McCrorey, Kristy Tucker (quorum established)

Commissioners Absent: Vicki Chestnut, Kevin Goss, Valerie Sheldon

County/Contracted Staff (in-person or by Teleconference): Jesslan Avalos, Heidi Clements, Jacob Grigg, Kristy Pierson, Sharon Sousa, Avery Pound, Kathleen Schwartz, Matt Ward

County Counsel: Sara James

Public in Attendance (in-person or by Teleconference): Monica Potter (FRC), Manuel Fletes Medina (CALBHBC), Jodee Reed (PDH)

**Pledge of Allegiance**

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.* Kristy moved, Meghan seconded to approve agenda. Motion carried.

**Public Comment** – N/A

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of October 2, 2024
  - i. Megan moved to approve the minutes and Kristy seconded. Motion carried.
- b. Discuss and recommend new Commission members – Merle Rusky's application for commission has been approved by commission and needs to be forwarded to BoS by end of year. No additional applications.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements
  - i. Kendrah needs to finalize Data Notebook – she will present finalized version next month before forwarding it to BoS.
  - ii. Bill Cook reported on CALBHBC training in Redding in September. Bill says he appreciates our PCBH staff more now. Other counties are facing similar problems (lack of training, prop 1 issues). Two subjects of interest were: unconscious bias and community engagement.
- b. Presentation by PCBH contracted providers – N/A
- c. Housing projects/plans for BH clients – Sharon stated that Sierra County has contracted with PCIRC to maintain 8 cabins for permanent residents (homeless individuals, who may have MH issues, but unknown). Debra Lucero, PC CEO, wants to hold a meeting

about housing soon. There will be a Ribbon Cutting event on Nov. 15, 2024 at 4 pm for PCIRC's Navigation Center, which includes a homeless shelter (one unit with two family oriented units, bunk houses for males and females). Per Sharon, PCIRC is planning to build cabins in Quincy.

### **3. Behavioral Health Department**

#### **a. Director's Report (Sharon Sousa)**

- i. They received the resignation of the site coordinator in Portola – need to fill that position 9 am – 4 pm, Mon. – Fri..
- ii. The SUD counselor position is moving forward to be filled.
- iii. MOU between sheriff's office, BH, and hospitals, AB 43 is on hold at this time (re: conservatorship laws – including those with only SUD concerns).
- iv. Juanita LaMattina – got her license – we now have 2 licensed therapists.
- v. Myth of funding for BH – they are dealing with non-funded mandates, can bill Medi-Cal, but staffing shortages prevent that; housing funding for MH clients – clients are available, but funding is only to build buildings, not provide services; state threatens to take money when certain milestones are not met.

#### **b. BH using EMTs as part of Mobile Crisis Unit (Sharon Sousa)** – Seneca and Eastern Plumas said no; other counties have run into problems with this as well. No word from PDH on this. Jodee (PDH) responded that they need to do additional research on this (e.g. talk to other counties).

#### **c. Quality Assurance Improvement (see separate report)**

- i. DHCS Correspondence
  - 1. Mobile Crisis Unit Corrective Action (see above) – cannot currently meet requirements for 24/7 services.
  - 2. NACT CAP submitted.
- ii. Health Information Exchange – PC has joined SacValley MedShare to use and share health data more efficiently (clients can opt out).
- iii. Client Portal – is being implemented in response to federal requirements; clients will have limited access to records but can request detailed records; hope to implement by January 2025.
- iv. BHIN
  - 1. 24-035 – LPS Data – Jessica and Sam are designated reporters.
  - 2. BHIN draft – Care Act Data Collection (supersedes BHIN 23-052) – mostly language clean-up needed.
- v. PIPs – everything has completely changed, now must choose from PIP topic choices. New projects start 1/1/25.
- vi. Access and Utilization for October
  - 1. 234 open charts, 182 unduplicated clients, 78% penetration rate
  - 2. 65 youth; 117 adults
  - 3. New Intakes: 29
  - 4. Crisis Services: 52 (staff are documenting this more)
  - 5. Psych Placements: 4
- vii. Grievances – 1 lobby complaint – at annex (not clean) – putting more effort into cleaning (checklist developed).
- viii. Next QIC Nov. 21<sup>st</sup>

#### **d. MHSA Report (Kristy Pierson)** – No new info – waiting for state to give them direction, many meetings happening, state is trying to write new rules (CBHDA and DHCS); staff participated in Safe Trick-or-Treat downtown Quincy.

e. Report on Jail services and the AB 1810 program (Matt Ward) – Matt has been working at jail for 7 years and has seen many positive changes. He sees new inmates within 72 hours, informs them of how to contact treatment staff; when requested, will see inmates within 24 hours.

- i. Stats: July 37 inmates, 32 people were served, 83 total contacts, 86% served; August 35, 28 clients, 80%, 29 inmates, 20 served, 41 contacts, 71% of population

Matt checks in with medical staff re: who is taking meds, talks to commander with concerns about individuals and treatment; probation/alternative sentencing also work with Matt; inmates can refuse services (and medications); crisis inmates are transported to PDH; no break in services with new jail (DRC – Daily reporting center); also works with discharge planning – increases chances of success; sets up medical appointments, transportation, 30 days of medication are provided, etc.

Diversion Programs – support and provide recommendations, AB 1810 – MH Court – charges related to MH DX, CJC – charges related to substance abuse – often co-occurring issues. Care Court – psychotic disorders – family members can refer these folks, hope to prevent jail time. Still cannot treat folks against their will. Those who are successful want to get better and engage in services. Half of Matt's time is devoted to these services.

Sharon says Matt has done a great job.

f. BH Commission Information and Improvement – N/A

### **Public Comment – N/A**

**Adjourned as BH Commission and convened as AOD commission.**

### **Alcohol and Other Drug Advisory Board**

1. Action Agenda – None.
2. Informational Announcements & Reports
  - a. AOD Report (Avery Pound) – (see separate report)
    - i. BHIN Draft – Update to Protocols for Collecting and Reporting Discharge Data (CalOMS Tx) – can provide feedback to website listed on other report.
  - b. Quality Assurance Improvement
    - i. DHCS correspondence – (now meeting every other month)
      1. None
    - ii. PIPs – are now one combined service contract with MH – PIP webinars were offered; 1 clinical and 1 non-clinical PIP; generally last for one year – sometimes longer, now have a list to choose from.
    - iii. Access and Utilization for October
      1. 33 SUD charts open, 31 unduplicated clients, 93% penetration rate, most services are group services
      2. 2 youth, 29 adults
      3. New intakes: 9
      4. 0 residential placement
      5. 0 grievances regarding
    - iv. Gary's Report – (see separate report) working on Corrective Action Plans – submitted plan for Drug Medi-Cal; requested extension for SUBG CAP.
      1. Harm Reduction Summit in Redding – Gary and Jeff attended.

2. AOD Mandatory certification application returned – hoping to get this done on time (early December) but can request extension if needed.
3. Systems Analyst, Avery Pound, is taking over data reporting to the state.
4. Tessa Sale, Quality Assurance Therapist, is taking over chart audits.

**Public Comment** – N/A

**Adjournment**

Meeting adjourned by Bill Cook @ 1:49 pm

Next meeting: **December 4, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission