

Plumas County Behavioral Health Commission Meeting
3/5/2025 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 4/2/2025 meeting.

STANDING ORDERS

Call to Order / Roll Call

Call to Order: Mimi Hall (acting as pro tempore chair until elected below) called the meeting to order at 1:00 pm.

Roll Call/Attendance:

Commissioners: Bill Cook, Kendrah Fredricksen, Liberty Gott, Mimi Hall, Valerie Sheldon, Kristy Tucker (quorum established), Megan McCrorey (arrived after roll call)

Commissioners Absent: Ashliegh Boyd, Merle Rusky

PCBH Staff: Lisa Beck, Jay Hemphill, Kristy Pierson, Avery Pound, Che Shannon

County Counsel: Sara James

Public in Attendance (in-person): Daniel Blust (PH), Denise Piper, Stephanie Swithenbank (PUSD)

Public in Attendance (by Teleconference): Dakota Davis (PH), Anai Gabriel (PH), Ericka Thompson (PDH SLS), Sarah Wallace (PDH clinic)

Pledge of Allegiance

Additions to or Deletions from the Agenda/Approval – *For urgent items only.*

Public Comment – N/A

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft PCBHC minutes of February 5, 2025
 - i. **Bill moved to approve the minutes. Kristy seconded. Motion carried.**
- b. Final review of changes to PCBH Commission Bylaws – Additional changes were recommended as follows:
 - i. Article V. Officers, D. re: officer terms – after “not to exceed three (3)” add “consecutive” before “terms.”
 - ii. Article V. Officers, H. re: maintain records – after “The Clerk of PCBHC (non-voting)” add “or Secretary/Treasurer” before “shall maintain required records.”
 - iii. **Bill moved to approve the updated Bylaws including the above changes. Kristy seconded. Motion carried.**
- c. Election of Commission Officers – Final Nominees: Mimi Hall as Chair, Bill Cook as Vice-chair, and Kendrah as Secretary/Treasurer.
 - i. **Megan moved to approve. Kristy seconded. Motion carried.**
- d. Review application from Kristin Gyford, LCSW of PDH as Commissioner and vote to recommend to BoS
 - i. **Kendrah moved to add Kristin Gyford, Kristy seconded. Motion carried.**
- e. Discuss the closing of Quincy Wellness Center and vote to recommend to BoS

- i. Kristy Pierson reiterated (from last month) that the center is not well utilized and is not financially viable. They would need 60 days to notify the public and the lease holder to vacate property. No employees would be lost and there is space for them at the Annex. PH Haven machine would need to be moved.
- ii. Other discussion included:
 - 1. Mimi mentioned that there are showers available at the Annex.
 - 2. Can Telehealth be done at PCIRC? Drivers are available to transport clients. Some Telehealth can also be done at home.
 - 3. The change from MHSA to BHSA is reducing the ability to fund Wellness Centers. The State wants “Clubhouses,” but PC cannot feasibly do this.
- iii. **Bill moved that PCBH be authorized to close the Quincy Wellness Center at their discretion. Kristy seconded. Motion carried.**

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements
 - i. Bill Cook – is leaving PCPH Veterans Services office on March 31, 2025, but will still be involved with veterans in the community.
 - ii. Mimi Hall – will be a guest at a community town hall meeting at 6:30 pm at Quincy Library tomorrow 3/6/25.
 - iii. Megan McCrorey – is now at EPHC. She stated that a Senior Life Solutions Program will open this fall (for up to 10 participants) in Portola.
 - iv. Kendrah Fredricksen –
 - 1. Received emailed letter from CALBHBC re: dues (paid by Che Shannon) and the need for PC commission member contact info to be updated. She has submitted the needed info.
 - 2. Received emailed resignation letter from Ashliegh Boyd who no longer works for PUSD. **Kristy moved, Megan seconded to accept the resignation. Motion carried.**
- b. Presentation by PCBH system of care stakeholders
 - i. Schedule is in process, with the next few months as follows:
 - 1. April: Environmental Alternatives (EA) - Darin Wood
 - 2. May: PC Public Health – Health Promotion
 - 3. June: PDH Senior Life Solutions
 - 4. July: Plumas Rural Services (PRS)
 - 5. August: Eastern Plumas Health Care (EPHC)
 - ii. Kendrah requested additional stakeholders (in addition to those given last month). Suggestions included: Charter Schools, FRC Student Services, Social Services (e.g. Adult services), Seneca Health, Round House Council, Victim Witness/Probation, Sierra Cascades, Partnership Health. If you have contact info for any of these, please get this info to Kendrah.
- c. Housing projects/plans for BH clients
 - i. Lisa Beck met with RCHDC last week. There is another meeting with RCHDC and the State this Friday 3/7. They are working with Tracy Ferguson, PC Planning Director. They have 5 or 6 viable sites in mind. Next step is to reach out to property owners.
 - ii. We need good communication and good info/data distributed to the public ahead of time (can RCHDC help with this?). RCHDC can do a presentation for the BoS.

- iii. Money would come from the Permanent Local Housing Allocation (PLHA). Out of 30 units, 10 would be designated for SMI population.

3. Behavioral Health Department

- a. Director's Report (Che Shannon for Sharon Sousa)
 - i. Staffing – lost one driver but have a new driver – Daniel.
 - ii. Received no applicants for nursing position either part or full-time – hoping to post for practicum students (Touro University – psych nurse students). Also need to “grow our own.”
 - iii. Jeff Achilles – is new SUS (SUD) counselor and they have another interview scheduled.
 - iv. No jobs will be lost by closing the Wellness Center in Quincy.
 - v. One client is in Napa State Hospital (long-term). 7 clients are in IMD facilities (very expensive for the county).
 - vi. Gearing up for “mega” audit under Cal-Aim
 - vii. Resolution for Permanent Local Housing Allocation is going to BoS next week.
 - viii. Tracy, Lisa, and Sharon met with RCHDC (see 2.c. above). RCHDC has a new CEO.
 - ix. Mimi mentioned that Inter-Governmental Transfers (IGT) is changing the way MH services are paid. Can Che or Lisa explain this at a future meeting?
 - x. BH is working on plan for Mobile Crisis Unit.
- b. Quality Assurance Improvement (Avery Pound for Jessica McGill) – see separate report
 - i. An EQRO planning kick-off meeting is scheduled for March 18th (new 3rd party vendor) – they will suggest improvements and do a report.
 - ii. Combined Specialty MH/SUD/SUBG Services Audit is scheduled for May 21st to May 23rd focusing on 7/1/23 – 6/30/24.
 - iii. DHCS Correspondence and BHINs
 - 1. 25-004 MH Consumer Perception Survey Data Collection – scheduled for May 19th through May 23rd. Results will be published. They will identify areas needing improvement.
 - iv. Access and Utilization for February (early reporting – not finalized)
 - 1. 211 open charts, 199 unduplicated clients, 94% penetration rate
 - 2. 64 youth; 135 adults
 - 3. New Intakes: 34
 - 4. Crisis Services: 56
 - 5. Psych Placements: unavailable
 - 6. 5150 Evaluations: unavailable
 - v. Grievances – none
- c. MHSA Report (Kristy Pierson)
 - i. Family Support Groups are being offered in Portola (Tuesdays at 10 am) and Chester (Thursdays at 4 pm).
 - ii. MHSA Stakeholder meetings will be held March 11th at Quincy Wellness Center at 1 pm and March 12th at 10 am on Zoom. This is the end of the 3-year plan, so no changes will be made to plan, but they will discuss changes due to BHSA.
 - iii. DHCS just released Module 1 for BHSA (predicting 4 modules) – this is available on DHCS website.
 - 1. Mimi would like a future presentation on highlights of this material.
 - 2. We must respond to the State by June 30, 2026. BHSA includes Prop 1.
 - 3. Mimi recommended that small counties reach out to CBHDA.

4. For people on Medi-Cal, the first 6 months of housing must be paid for by Medi-Cal plan before BHSA funds kick-in.
- d. BH Commission Information and Improvement – N/A
- e. Mobile Crisis Unit discussion – a meeting is happening soon, put on agenda for April.

Public Comment – N/A

Adjourned as BH Commission and reconvened as AOD commission.

Alcohol and Other Drug Advisory Board

1. Action Agenda

- a. Vote to add “Alcohol and Other Drug Advisory Board” under “Plumas County Behavioral Health.” **Bill moved to approve. Megan seconded. Motion carried.**

2. Informational Announcements & Reports

- a. AOD Report (Avery Pound for Gary Sanderson) – see separate report
 - i. SUS (Substance Use Services) will replace SUD. SUS is more encompassing and politically correct and can include youth who do not qualify under SUD.
 - ii. Scheduled for EQRO planning meeting on March 18th (see 3.b.i. above).
 - iii. Combined audit (see 3.b.ii. above).
 - iv. Completed updates for policies and procedures and uploaded to Relias.
 - v. Completed PCBH outpatient monitoring for FY 23-24 and submitted to DHCS.
 - vi. Met with DHCS for bi-monthly meeting.
 - vii. Received application for open SUS counselor position – interview coming up.
 - viii. AOD Admin. went with PH Mobile Outreach team for SUS services.
 - ix. Met with DHCS regarding upcoming audit.
 - x. Development of SUS staff personnel policy which links to county policy for AOD certification standards.
 - xi. Fiscal YTD spent \$12,532 on residential services of \$100,000 budget (could go up quickly if a youth is admitted) but within budget for now.
 - xii. Pending 2 admissions to residential treatment.
- b. Quality Assurance Improvement
 - i. DHCS correspondence – (now meeting every other month)
 1. 25-005 Allocation of Funding – describes funding categories and details.
 - ii. Access and Utilization for February
 1. 50 SUS charts open, 27 unduplicated clients, 54% penetration rate (due to client non-engagement, staffing shortages, staff behind on charting, etc.)
 2. 3 youth, 24 adults
 3. New intakes: 9
 4. 0 residential placement
 5. 0 grievances

Public Comment – N/A

Adjournment: Meeting adjourned by Mimi @ 2:56 pm

Next meeting: **April 2nd, Courthouse: Supervisors’ Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission