

## Plumas County Behavioral Health Commission Meeting

4/3/19 at Plumas County Library, Quincy, CA

DRAFT

### **Standing Orders**

Call to Order: Secretary, Kendrah Fredricksen called the meeting to order at 12:13 pm.

Roll Call: Members in attendance – Vicki Chestnut, Kendrah Fredricksen, Marian Liddell, Lori Simpson, Denise Pyper, Lori Simpson

County Staff in attendance: Aimee Heaney, Jessica McGill, Christina Gaudio, Erin Metcalf, Nina Peay, John Posch; County Counsel: Gretchen Stuhr

Public in attendance: Johanna Downey (PCIRC), Trish Foley (EPHC), Mae Sherman (CA Association of BH), Greg Ely (retired teacher)

### **Additions to or Deletions from the Agenda**

Quorum not established: cannot approve any action items.

### **Public Comment**

Johanna Downey spoke on PCIRC client usage and services provided (see handouts).

Introductions were made.

### **Action Agenda**

#### **1. Behavioral Health Commission**

- a. Approval of Minutes – Could not take action due to lack of Quorum. Printed copies of March report were **not** available. No changes were noted for March 2019 minutes which were emailed.
- b. Mission and Role of BH Commission Board (per W & I Code 5604.2) – Marian handed out copies from our Bylaws regarding the Mission of the Board. Marian stated there are items we are not fulfilling. Marian suggested a sub-committee to review and present on this at a future meeting. Mae commented that some of this is covered under Commission Board training (next training tentatively set for Aug. 24<sup>th</sup> in Chico). Marian requested this be **put on the May agenda for discussion** of who will attend this training and of starting of a sub-committee.

Ethics training is available online but some commission members would prefer to do this in person. Gretchen will check into what might be available in person within the county. Ethics training must be done every two years within six months of starting.

#### **2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements
  - i. Co-Chair – Not present.

- ii. Marian – Attended Greenville and Chester MHSA stakeholder meetings – she said there were good newspaper articles (she wrote one for Chester paper). She mentioned a March 13<sup>th</sup> newspaper article by Tony Hobson, a March 27<sup>th</sup> article on Housing, and article on County Administrator. She met in Susanville with Lassen Co. – Delivering ABC's of Local Advocacy training, etc.. She spoke with Commander Hermann regarding clients dealing with jail – spoke about FSP (Full Service Partnership) and medical services provided at jail.
- iii. Lori – Participated in conference call with all BH Commission Boards – talked about local issues, e.g. co-occurring diagnoses, employment, homelessness, disaster preparedness, lack of MH professionals. This call will be opened up to other commission members in the future.

- b. Client Advocate Report – McAllister not present. Vicki encouraged her to attend 20,000 Lives meetings (next one is Tuesday, April 16<sup>th</sup>, 11:30 – 1:30 pm at Fairgrounds).
- c. Secretary/Treasurer Report – Attended MHSA stakeholder meeting in Quincy (as did Vicki and Lori).

### **3. Behavioral Health Department**

- a. MHSA Program Report (Aimee Heaney) – All four **stakeholder meetings** have been held (in each community), a good mix of people showed up at each site, received ideas for innovation projects (need to set up committees to work on these ideas), hope to get CAMPRO to do training in Plumas Co. for stakeholders, is updating draft of Annual update with comments from stakeholder meetings (will be a 30 day public comment period).

For June 5<sup>th</sup> commission meeting we need to have quorum so we can have a **public hearing on MHSA update**. All commission members will receive updated draft.

Next Housing **Continuum of Care** (CoC) meeting (e.g. No Place Like Home (NPLH)) – April 25<sup>th</sup> 10 am at Building & Planning Dept. (can phone in), Aimee is working on RFP for agency/individual to do homelessness study and proposal for NPLH grant. Need low housing options for all populations, not just those with MH. We are working with Sierra County on this RFP. Johanna commented that more agencies need to be involved with CoC meetings.

- b. AOD Update (Jessica McGill) – 53 open cases, in March – 246 contacts; they are in process of becoming drug-MediCal billable, need Telemed medical provider to sign-off on billable services, most AODA services are group.

Mental Health Update – 331 MH cases – 709 services, 36 crisis, in March – 61 new intakes (intakes have increased 100% with “open access” in the four communities), 4 Katie A. clients (foster youth who have been moved), 17 hospitalizations since February, 0 complaints, 2 requested provider changes. See open access assessment flyer and org chart (handouts).

Quality Assurance Improvement – EQRO audit coming up – April 24<sup>th</sup> (consumer panel at 1:15 pm) – asking for clients to participate (hopeful that Joyce Clare will attend). April 10<sup>th</sup> 3:30 is next QIC committee meeting.

May 8<sup>th</sup> 11 am to 1 pm – **employee appreciation potluck** at Mineral Bldg. at Fairgrounds – commission members are encouraged to attend.

Two therapist positions open (could be interns). EA is now contracted as FSP providers. Participating in Jail quality meetings, jail has asked for procedural process for inmates there more than 14 days for full MH assessment.

- c. BH Director's Report – Not present.
- d. Behavioral Health Information & Improvement – Lori reminded commission members to be careful of talking about cases/clients in public – do NOT mention names, addresses, etc.. It was noted that the FRC report by Kevin T. was emailed to commission members ahead of this meeting.

Mae asked about the status of our Data Notebook (deadline has been extended). Aimee, Tony and Kendrah and/or Joyce need to meet to discuss this further. CALBHBC – see issue briefs – need for Adult Residential Facilities, Employment and Disaster Planning (need to include MH). See handout of legislative bills for which they are advocating, go onto website – see newsletter (handout). August 24<sup>th</sup> – Chico Commission Member training (trainer: Susan Wilson). Aimee suggested we use PRS to contact Ms. Wilson to come to Quincy to do the training.

### **Public Comment**

Denise asked about federal IMD exclusion. She requested Lori take this to Board of Supervisors. Greg Ely spoke regarding MH services for students.

### **Adjournment**

Simpson adjourned the meeting at 1:54 pm.

Next meeting will be **May 1<sup>st</sup>, Noon – 2 pm** at Building & Planning Dept.

Respectfully submitted,

Kendrah Fredricksen  
Secretary, Plumas County Behavioral Health Commission