

Plumas County Behavioral Health Commission Meeting

2/6/19 at Plumas County Library, Quincy, CA

DRAFT

Standing Orders

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:17 pm.

Roll Call: Members in attendance –Joyce Clare, Kendrah Fredricksen, Valerie Sheldon, Lori Simpson

BH Staff in attendance: Elizabeth Brunton, Aimee Heaney, Tony Hobson, Janice McGill, Nina Peay

County Counsel: Gretchen Stuhr

Public in attendance: Scott Corey (PCIRC), Trish Foley (EPHC), Marian Liddell, Elizabeth M'Allosh, Denise Pyper, Kevin Trutna (FRC)

Additions to or Deletions from the Agenda

Quorum not established: cannot approve any action items.

Public Comment

Public Comments were made by: Scott Corey (PCIRC) and Kevin Trutna (FRC).

Introductions: All present introduced themselves.

Action Agenda

1. Behavioral Health Commission

- a. Approval of Minutes – Could not take action due to lack of Quorum. Suggested changes were noted for October, November and December minutes. Additional discussion: We need two new members in order to have a quorum. Joyce said she announced the need for members at last 20,000 Lives meeting. Marian stated we should have someone from the Veterans on commission. Marian is still considering becoming a member. We will put this on agenda for next month. We need 50% consumer/family members.
- b. Wellness Center Update – Liz Brunton of PCBH presented about the Peer Advocate Program (see handout) – Topics covered: Funded through MHSA, First recruit in Plumas County was trained in Fall 2016, Qualifications for Peers, Training Plan, Tracking Progress, Score Card (sample at end), Goals, Site Coordinator Responsibility, can be MediCal billable (as rehab or brokerage), would like to have 4 full-time employees, Sample Score Card, Peer Draft Advocate Job Description, Adult Peer Employment Program Procedure.
- c. Data Notebook – Due 3/31/19 – Joyce passed around information on the Data Notebook process; info is used on State/Federal level; Commission is mandated to do this (but

most counties do not do this); Aimee did survey in 2017 and will do another one in 2019; Aimee said most data can come from MHSA Annual Update and Calendar Report for DHCS but PCBH will not be able to work on this until close to June; we need to know upcoming priorities, which will not be done until Fiscal Year reports are finished; Joyce will follow up with Mae Sherman (Lassen) to see how to handle this.

- d. 2018 Point in Time Count Report – for homeless population – done in January each year; does not count people staying with relatives/friends; they collect demographics, disabilities, etc. (see page 14 of 2018 Report); 20 people in Plumas County had substance use disorders and 22 with mental illness. MHSA has a 7 county working group, Continuum of Care, working on homeless issues for the region; 267 individuals have seriously mentally ill diagnoses for the 7 counties. HUD recently notified us of new funds available for homelessness over many counties. Marian asked about how we track individuals. In response, Aimee referenced the HMIS computer system which allows agencies to track where the individuals are located but this requires the individual to sign a release and more agencies to participate.
- e. BH Bylaws Update: Consider adding to Bylaws transportation/mileage reimbursement for members to attend meetings, trainings, etc.; review bylaws and determine where this should go (possibly section 4 a – membership, add item 10). We will review at next meeting.

2. Informational Announcements & Reports

- a. Co-Chair – Valerie stated that the Mill Creek residences' driveway has been plowed.
- b. Client Advocate Report – Joyce is now the interim Patient Rights Advocate. She has had 3 contacts since January, mostly asking for resources for housing. No complaints/grievances. Joyce has been attending Quality Improvement meetings (December and January). Next QI meeting is February 20th at 3:30 pm. Lori asked about stipend for Patient Rights Advocate and if that makes Joyce's serving on this commission a conflict of interest. Gretchen will look into this.
- c. Secretary/Treasurer Report – Secretary has completed required Ethics training. (Budget & Expenditures report was handed out with Aimee's materials.)

3. Behavioral Health Department

- a. MHSA Program Report (Aimee Heaney) – See Timeline for the Annual Update handout. Currently seeking consumer, family member and stakeholder input. Surveys have been sent out. Dinner meetings will be held in March; No Place Like Home – allocation has been awarded (\$75,000) and should be received soon; next Housing Continuum of Care meeting will be February 28th at 10 am at Building/Planning Dept.

There is a “Community Empowerment Workshop” coming up on Feb. 19th – commission members are encouraged to participate; Aimee will hand out “Statement of Economic Interests” – all commission members need to fill this out.

- b. AOD Update – See item 2c. below.

- c. BH Director's Report – Tony Hobson welcomed Jessica McGill as the new Quality Assurance employee; BH is still trying to clean-up from 15-16 audit; FFP Billable rate has been increased; 1.2 million was requested out of reserves but they have not needed to use this due to: Decentralized services (Wellness Centers); 30-40% increase in MediCal revenue over previous year; Utilizing community providers – EA, PRS (both now MediCal certified).

Caseloads – are increasing but it does not look like caseloads are full – they are monitoring this monthly; some MHSA contracts for next year may need to be drastically decreased or dropped entirely; need to become Medicare certified eventually.

- d. Quality Assurance Improvement – Covered under Joyce's report above.
- e. Behavioral Health Information & Improvement – Scott Corey reported that the Crisis Line was informed that Sheriff's department will no longer respond to most suicide calls because police presence sometimes escalates the situation. Regardless, the Crisis Line should still be called.

Public Comment

No additional Public Comment was made.

Adjournment

Simpson adjourned the meeting at 2:05 pm. Next meeting will be March 6th at Library.

Respectfully submitted,

Kendrah Fredricksen