

**Plumas County Behavioral Health Commission Meeting
12/5/18 at Plumas County Library, Quincy, CA
Corrected per 2/6/19 PCBHC meeting**

Standing Orders

In the absence of clerk, John Posch, it was agreed Kendrah Fredricksen would take minutes.

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:20 pm.

Roll Call: Members in attendance – Vicki Chestnut, Joyce Clare, Hank Eisenman, Kendrah Fredricksen, Gina Rock, Valerie Sheldon, Lori Simpson, Estres Wellings – **Quorum established**

BH Staff in attendance: Aimee Heaney, Tony Hobson

Public in attendance: Susie Adair, Scott Corey (PCIRC), Trish Foley (EPHC), Carlie McCarthy (FRC)

Additions to or Deletions from the Agenda

Item 1.A. removed from Agenda since printed minutes from the October and November meetings were not available (tabled until the next meeting).

Item 1.C. removed from Agenda per notice given to Lori Simpson by Marian Liddell.

No other changes made to agenda.

Public Comment

Public Comment was made by Carlie McCarthy of FRC.

Introductions: All present were invited to introduce themselves.

Action Agenda

1. Behavioral Health Commission
 - a. Removed from Agenda (per above).
 - b. Election of 2019 Behavioral Health Commission officers – Chair, Vice Chair, Secretary/Treasurer

Simpson read the brief description of duties for each position from Bylaws. Discussion followed. *It was noted records (agendas, minutes, etc.) are kept electronically and could be put on our website as pdfs. We can start this in 2019.*

Fredricksen made a motion to add the following to the Bylaws under Article V. (G): **“The Secretary/Treasurer shall take the official meeting minutes.”** Clare seconded the motion. Motion carried with one abstention (Gina Rock).

It was noted that the clerk (John Posch) can still take unofficial notes for the meetings.

Simpson called for nominations for Secretary/Treasurer. **Fredricksen** self-nominated. Wellings seconded. Motion carried.

Simpson called for nominations for Vice Chair. Rock nominated **Sheldon** who accepted. Wellings seconded. Motion carried.

Simpson called for nominations for Chair. Clare is interested in the position but will not be eligible until May 2019. **Simpson** said she is willing to continue as Interim Chair until Clare is eligible. Wellings moved to elect Simpson, Sheldon seconded. Motion carried. *A vote will need to be taken in May 2019 to elect Clare to this position.*

- c. Removed from Agenda (per above).

2. Informational Announcements & Reports

- a. Co-Chair's Report – Wellings reported she ordered food and it was delivered on time. She stated she was happy to have served as Vice-Chair.
- b. Client Advocate Report – Eisenman handed out copies of new CALBHB/C legislation. He stated he is retiring from the BH Commission and retiring as the Patient Rights Advocate after 30 years. Eisenman has handled complaints from consumers and advocated to help them. There was a time when he regularly had to see clients in jail or attend court with them. He stated the stigma against people with mental illness used to be much worse. He feels there have been improvements in care and public perception over the years. The Commission members thanked Eisenman for his many years of service (see 3f below.)

Discussion ensued as to how to fill the Client Advocate position. Clare has a copy of the job description for this from another county. Hobson said the BH Dept. will advertise the position which comes with a quarterly stipend.

- c. Secretary/Treasurer Report – Rock stated it has been an honor to work with Eisenman and Simpson for several years on the Commission. She is stepping down for now, but may return in the future.

3. Behavioral Health Department

- a. MHSA Program Report – Heaney handed out **Behavioral Health Commission FY18-19 Budget and Expenditures**. This money is part of MHSA budget and accounting. She noted we might want to add to our bylaws reimbursement for in-county travel (mileage or bus passes) for members to attend Commission meetings. Drivers requesting this reimbursement must take a Defensive Driving Class. We will add this as an agenda item for our next meeting. *Simpson noted we should review this budget mid-year so we can give input for the next year's budgeting process.*

Heaney gave an update on the Community Planning Process. Consumer surveys were supposed to be done in December but many consumers have recently filled out other surveys so she will wait until after the new year to send out surveys.

No Place Like Home (NPLH): This working group needs to come up with a ranking/rating system as part of an RFI/RFP process. The Continuum of Care (COC) working group is also meeting locally to work on a homelessness plan and non-competitive proposition. The next COC meeting is 12/27/18 from 10 – 11 am at the Building/ Planning Dept. Clare has been attending these meetings and Simpson will also attend on behalf of the Board of Supervisors.

Heaney reported the BH Dept. is updating its Cultural Competency training. They are looking for leaders in the following populations to help with this: Veterans, Spanish-speakers, and Native Americans.

- b. AOD Update – Hobson reported the BH Dept. has almost finalized their MediCal AOD drug application. The next step is to have a survey done. They will be able to back-bill for six months from certification date. He noted they can only bill for group time (not individual or Case Management time).
- c. Director's Report – Hobson reported Site Certifications have been done for Environmental Alternatives (EA) and Plumas Rural Services (PRS). They should be able to bill for services by March 2019, which will cut the BH Dept.'s costs in half for these services. They are in the process of revising contracts with EA and PRS which must go to Board of Supervisors for approval.

Hobson reported the BH Dept. is significantly less over-budget at this time than was predicted. This is partly because they have been able to bill more for services. Documentation has improved.

Overall, Hobson reported staff is doing well. The productivity rate is higher and caseloads are manageable. They are not filling some vacancies to see if staff can absorb the work.

The biggest issue for staff is on-call services. Staff may be on-call overnight and then have to come in to work the next day. The BH Dept. is advertising in Reno, Sacramento, etc. for RFPs to be submitted to take over some of the on-call time. A TeleMed-type model is another option being considered.

- d. Quality Assurance Improvement – Since Gunter retired, four staff members are doing parts of this position. Hobson said they hope to fill this position in April/May 2019. He also reported they are meeting Network Adequacy Standards in the following ways: decentralized intake, open access days at all sites, clients can be seen within 7 days, clinician of the day only deals with emergencies.

Clare requested Hobson provide a PCBH Organizational Chart for our next meeting.

Clare reported the QI team last met 11/28/18 with BH staff. During Fall 2018, consumers were surveyed; most had positive responses and were grateful for services.

To get more specific comments, two focus groups were conducted with one more tomorrow, per Clare. She did note clients at the Drop-In Center stated they would like to have trips and other outings like they used to do. Hobson mentioned Performance Improvement Projects (PIP) which must focus on both clinical and non-clinical services. The non-clinical PIP could try to address the Drop-In Center request. The next QI group meeting will be 12/19/18 at 3:30 pm.

Fredricksen asked about the MHSA audit. Hobson said they still have not received the audit findings on the program side.

Rock asked about plans for the Sierra House. Hobson stated this is on hold and that the county will no longer be offering Board and Care for clients. He said this is better left to private agencies which specialize in this field.

- e. Behavioral Health Information & Improvement – This pertains to the Data Notebook, etc. No discussion at this time.
- f. Recognition of Henry (Hank) Eisenman for years served on MH/BH Commission – Simpson presented Eisenman with a certificate/plaque in appreciate for his many years of service to the MH/BH Commission and clients. Clare presented Eisenman with pumpkin and apple pies which were shared by all in attendance. Photos were taken.

Public Comment

Trish Foley of Eastern Plumas Healthcare (EPHC) asked if PCIRC or other agencies help with past trauma experiences. Corey said PCIRC could help with this and referred Foley to the PCIRC office in Portola. It was also mentioned there are trainings online on trauma through CA Health and Wellness.

Simpson stated we would not have a meeting in January 2019. Our next meeting will be February 6, 2019 at Noon (location TBA).

Adjournment

Simpson adjourned the meeting at 1:50 pm.

Respectfully submitted,

Kendrah Fredricksen