

## Plumas County Behavioral Health Commission Meeting

3/6/19 at Plumas County Library, Quincy, CA

DRAFT

### **Standing Orders**

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:06 pm.

Roll Call: Members in attendance – Vicki Chestnut, Kendrah Fredricksen, Valerie Sheldon, Lori Simpson

County Staff in attendance: Aimee Heaney, Tony Hobson, Jessica McGill, Elizabeth McAllister, Christina Gaudio, Erin Metcalf, John Posch; County Counsel: Gretchen Stuhr

Public in attendance: Denise Pyper, Johanna Downey (PCIRC), Trish Foley (EPHC), Kevin Trutna (FRC)

### **Additions to or Deletions from the Agenda**

Quorum not established: cannot approve any action items.

### **Public Comment**

Public Comments were made by: Denise Pyper, Kevin Trutna (see handout), and Lori Simpson

Introductions: All present introduced themselves.

### **Action Agenda**

#### **1. Behavioral Health Commission**

- a. Approval of Minutes – Could not take action due to lack of Quorum. Suggested changes were noted for February 6, 2019. Correct spellings of names were noted for Elizabeth and Jessica.
- b. Consensus of Commission was given for Marian Liddell and Denise Pyper to be added to BH Commission.
- c. Data Notebook – See handout. Toni, Aimee and Kendrah will meet to revise the information Joyce started to record in data notebook.

#### **2. Informational Announcements & Reports**

- a. Co-Chair – Nothing to report.
- b. Client Advocate Report – Elizabeth McAllister is the new Client Advocate. She previously worked with Hank Eisenman as an advocate for her child with special needs.

Gretchen checked on conflict of interest with the Client Advocate being on Board – not a conflict unless there is a vote on something that effects employer (at which time, the member should recuse self from vote).

c. Secretary/Treasurer Report – Kendrah handed out copies of pages 9-14 of the Data Notebook which Joyce Clare had completed. Tony and Aimee said they had input on the information recorded and would like to meet with Kendrah to discuss before the end of the month. Aimee will set up a meeting.

### **3. Behavioral Health Department**

a. MHSA Program Report (Aimee Heaney) – see printed report and MHSA ½ sheet flyers on Stakeholder meetings:

- i. Portola – Tues., March 19<sup>th</sup> 5:30 – 7:30 pm
- ii. Quincy – Tues., March 26<sup>th</sup> 5:30 – 7:30 pm
- iii. Greenville – Thurs., March 28<sup>th</sup> 5:30 – 7:30 pm
- iv. Chester – Tues., April 2<sup>nd</sup> 5:30 – 7:30

No Place Like Home – “the check’s in the mail” for this grant (\$75,000) to recruit and hire a consultant for homelessness plan

- This is a non-competitive application to State, and BH is working on this regionally with Sierra Co.
- Continuum of Care working group – meets monthly – other agencies are invited to attend
- RFP – Request for Proposal group met last Friday to come up with a plan to write the RFP for a consultant or agency to lead in homelessness plan
- Looking for consumers and family members to participate in focus group

b. AOD Update – Lori noted 2016-2017 Alcohol/Drug death rate increased by 6% per CDC study. Tori Brown is interim AOD administrator. She is working on getting BH certified to be a MediCal provider. BH is looking at combining this administrative position with another position.

c. BH Director’s Report – BH has been meeting with Sheriff’s dept., Probation, etc. Looking at creating Community Justice Court (MH, Vets, etc.) – specialized track with separate calendar. They want to help clients work toward self-sufficiency. AB 1810 – implemented in August – diverting MH from jail (we are the only small county in state to start this); incentive to participate in program is to have criminal charges dropped or reduced; could get compliance for injectable drugs; would offer stable housing and employment.

Institutions for Mental Diseases – IMD exclusion waiver – homeless, imprisoned – previously could not have more than 16 people in facility (or they cannot bill gov.), not enough psych hospital beds, would expand higher level of care, send support of this waiver to Gov. Newsom (see LA County letter).

Telemedicine – Our psych care is provided by telemedicine (cannot get a psych provider in county), missing response to ER visits, staff requirement to be on-call is burning them out (last year spent \$120,000 on overtime), would like a Telemed provider to do ER visits (did RFP for this and got no responses), could increase response time to 30 minutes, same provider could do clinic work – would know if client was already in BH

system, would benefit ER doctor's treatment of clients, needs to be reviewed by County Counsel.

Jessica – currently 347 open charts, 55 substance use charts, 2 hospitalizations, 46 jail clients. Received 2 informational notices – client perception surveys must be done in next couple of months, MediCal clients who are incarcerated or on parole – we cannot bill MediCal while they are in jail (but are still required to provide services). EQRO audit is scheduled for April 24<sup>th</sup> (supposed to help improve processes) – will be doing a focus group for this (up to 15 consumers/family).

- d. Quality Assurance Improvement – Jessica – grievances: most requests are to change providers – generally can accommodate quickly; had one potential breach of confidentiality and reported this to state, 800# not working – reported to AT&T; QA meeting is this afternoon; Denise reminded Jessica of commission's request for organizational chart; see BH website for a list of all providers (will add EA and PRS).
- e. Behavioral Health Information & Improvement – Sierra House has been winterized, a community member was interested in buying it (for college students), wait on making decisions on this until RFP consultant has evaluated it (garage at Sierra House still has not been demolished). Need housing for those coming out of jail: CCCMS (mild), EOP (extended out-patient), Dept. of MH (high level).

Lori requested guidelines about client names being mentioned at these meetings (do not mention names: not even first names), we could use a HIPAA training, and a Brown act training, also see link on Aimee's report about training modules (e.g. ethics). Kendrah requested tour at Annex/open house for staff and commission members to meet each other.

### **Public Comment**

No additional Public Comment was made.

### **Adjournment**

Simpson adjourned the meeting at 2:05 pm. Next meeting will be April 3<sup>rd</sup>, Noon – 2 pm at the Public Library, 455 Jackson St., Quincy, CA.

Respectfully submitted,

Kendrah Fredricksen