

RESOLUTION NUMBER 19- 8419

RESOLUTION PROCLAIMING AUGUST 2019 AS "WORLD BREASTFEEDING AWARENESS MONTH" IN PLUMAS COUNTY.

WHEREAS, Research shows that human milk and breastfeeding provide advantages to general health, growth, and development while significantly decreasing the risk of a large number of acute and chronic diseases, including, among others, sudden infant death syndrome, asthma, allergies, diabetes, viral and bacterial infections, childhood obesity, childhood leukemia, necrotizing enterocolitis, and infant mortality; and

WHEREAS, all major medical authorities recommend that mothers breastfeed exclusively for six months and continue breastfeeding for at least the first year of a child's life, yet breastfeeding rates continue to fall short of the Nation's Healthy People objectives; and

WHEREAS, Breastfeeding has positive economic impacts on families by decreasing the need to pay for medical care for a sick infant and by eliminating the need to purchase infant formula; and

WHEREAS, Recent research estimates that upwards of \$18.5 billion in health care and premature death-related expenses could be saved each year if ninety percent of women were to meet breastfeeding recommendations; and

WHEREAS, breastfeeding provides a safe, reliable, and renewable food source, the nutrients exclusive to human milk are vital to the growth, development, and maintenance of the human brain and cannot be manufactured; and

WHEREAS, employers that provide workplace lactation support experience have an impressive return on investment, including lower health care costs, absenteeism, and turnover rates, and improved morale, job satisfaction, and productivity; and

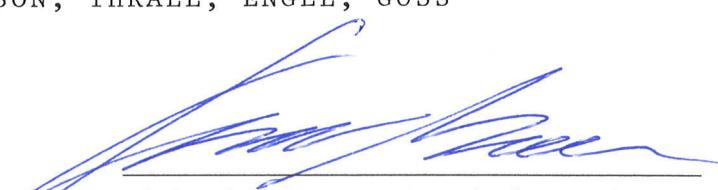
NOW, THEREFORE, BE IT RESOLVED by the Board of Supervisors of the County of Plumas, State of California at a regular meeting held the 6th day of August 2019 does hereby proclaim August 2019 as "World Breastfeeding Awareness Month" in Plumas County.

Ayes: SUPERVISORS SIMPSON, THRALL, ENGEL, GOSS

Noes: NONE

Absent: NONE

Abstain: NONE



Chair, Plumas County Board of Supervisors

Attest:



Clerk, Plumas County Board of Supervisors