

**Plumas County Behavioral Health Commission Meeting**  
**7/3/19 at Plumas County Library, Quincy, CA**  
**Final – Edited**  
**Approved at 8/7/19 BH Commission meeting**

**Standing Orders**

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:10 pm.

Roll Call: Members in attendance – Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Denise Pyper, Valerie Sheldon, Lori Simpson, Estres Wellings, (late): Marian Liddell

County Staff in attendance: Tony Hobson, Elizabeth McAllister, Nina Peay, John Posch  
County Counsel: Gretchen Stuhr, Sara James

Public in attendance: Johanna Downey (PCIRC), Trish Foley (EPHC)

**Additions to or Deletions from the Agenda**

No changes to Agenda. Quorum established.

**Public Comment**

Public Comment – Estres commented that the grounds at the Wellness Center in Chester are unkempt. Tony said he will check into this (it is part of lease that landlord take care of this). Nina said they have a work group that has been mowing and doing some other work there.

Johanna Downey – PCIRC will be closed on Thursday, July 4<sup>th</sup> and Friday, July 5<sup>th</sup> this week. Crisis Line will still be available.

Introductions were made.

**Action Agenda**

**1. Behavioral Health Commission**

- a. Review and Approve Draft Minutes – **Estres moved to approve minutes with changes, Joyce seconded. Motion carried.**

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements –
  - i. Lori – Michael Sanchez has resigned from Board of Supervisors effective July 31<sup>st</sup> (for medical reasons) – governor must appointment replacement, but this could take up to a year (election may happen first).
  - ii. Vicki did Ethics training and turned in her certificate to secretary.
  - iii. Joyce attended June 13<sup>th</sup> Continuum of Care meeting, and meeting to rank RFP's for No Place Like Home (along with Denise and Kendrah); next CoC meeting will be August 29<sup>th</sup> at 10 am at Building and Planning Dept. (will include strategic planning).

- iv. Denise attended the following trainings/webinars: HMIS training, speaker in Sacramento on “Insane Consequences,” forum on Olmstead, digital therapeutics, social security, accelerated action planning, altered cognition and schizophrenia, recovery live, and psychiatric advanced directives.
- b. Client Advocate Report – Elizabeth received 2 phone calls from consumers, no grievances filed, and completed 15 hour state required training.
- c. Secretary/Treasurer Report – Attended RFP ranking meeting and met with Tony regarding a client.
- d. Bylaws – Ad Hoc Committee (Denise, Joyce & Marian) – Meeting with Gretchen on July 5<sup>th</sup> to clarify some of the wording in bylaws.

### 3. **Behavioral Health Department**

- a. Director’s Report (Tony) – Tony said last commission meeting was eye-opening regarding comments made about certain clients; he is focusing on efforts to improve quality of services, including family participation and other natural support systems; met with clinical staff and talked about the importance of including natural supports in assessment and treatment; Russ Hanson will be training BH staff (EA has hired him to be their MH director) – versed in how to assess and do treatment plans with strengths in mind (being pro-active); Tony met with commission members individually and is willing to do this on a regular basis (Joyce mentioned having quarterly family support groups).
- b. AOD Report (Tony) – still waiting for drug MediCal to be processed; DUI provider, John Banks, has been de-certified – BH is asking ReThink Industries to take over (needs DHCS to approve); Lori asked if Day Reporting Center is open – it is not yet (waiting for grant funding); Denise stated that ReThink has a waiting list and asked if provider will be able to take on extra clients – Tony said provider will be adding staff; lack of DUI classes may be a problem for the clients on probation, etc. (Gretchen stated court is aware of this and should be making accommodations) .
- c. Department Budget & Financials (Tony) – Statewide dollars to CalMHSA for stigma reduction may not be helping (we pay them \$25,000 and get little in return); Tony spoke with Lori about fiscal areas – MHSA is over emphasized and we need to be looking at all sources of funding (FFP via MediCal is largest source of funding); MediCal rate has been increased – getting about \$180,000 (up from \$100,000 a year ago) per month (.50 cents on the dollar); re-alignment funds and block grants are part of funding; Shelley and Tony hope to give a presentation on financial aspects in the next few months; Mike Giese is advising fiscal staff; Joyce asked about disallowances – there is a 9 year delay in cost reports being reviewed by State; they are doing chart reviews by supervisor and by outside agency (Kingsview) – they take back to staff to show how much money is lost when services are provided and treatment plan has not been updated, etc.
- d. Quality Assurance Improvement (Tony) – External Quality Review organization came in April – we received the report recently (pretty good – they appreciate the changes made; most items from last report were corrected or in the process of being corrected); Triennial DHCS review – they were impressed with changes and the direction BH is headed – one area of weakness: policies and procedures are outdated; fiscally better off this year than last year at this time.

e. Behavioral Health Information and Improvement –

- Lori had handouts for commission members re:
  - CA Association of BH Boards – Training in Chico on August 24<sup>th</sup> 9 am to 3:30 pm (topics: cultural competency by NAMI, duties and responsibilities of Boards, MHSA community program planning).
  - CSAC on Brown Act (Gretchen will be doing a training on this for us) – we cannot have closed sessions; Gretchen said BH staff can share info with all commission members (e.g. by email) but members cannot respond via email.
- Joyce encouraged commission members to make sure to read all emails they receive regarding BH business (including large documents) ahead of meetings so we can have informed discussions.
- Vicki requested better sound system.

**Public Comment**

Joyce noted: Community Grief Support Group at PRS – starts July 24<sup>th</sup> - October (see flyer)

Kendrah noted: Suicide Prevention meeting at PRS on Jackson – July 18<sup>th</sup> at 11 am

ASIST MH Training – July 24<sup>th</sup> – 25<sup>th</sup> (class is full, more classes will be offered in future)

**Adjournment**

Lori adjourned the meeting at 1:20 pm.

Next meeting will be **August 7, 2019 Plumas County Library Meeting Room, 445 Jackson St., Quincy CA** from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen  
Secretary, Plumas County Behavioral Health Commission