

## **PERINATAL SPECIALIST**

### **DEFINITION**

Under direction, to provide alcohol and drug counseling, intervention, and treatment to pregnant women, addicted women, addicted mothers with children up to age 17, families with special alcohol and drug problems, and women who give birth to drug exposed infants; to have responsibility for the development and implementation of the Plumas County Alcohol and Drug Perinatal Program; to coordinate services with community health care providers and other agencies; and to do related work as required.

### **DISTINGUISHING CHARACTERISTICS**

This position is a special class for the development, implementation, and conduct of the Plumas County Alcohol and Drug Perinatal Program. Responsibilities include the provision of counseling, intervention, and treatment services, as well as program development and implementation.

### **REPORTS TO**

Alcohol and Drug Program Chief.

### **CLASSIFICATIONS DIRECTLY SUPERVISED**

None.

## **PERINATAL SPECIALIST - 2**

### **EXAMPLES OF DUTIES**

- Performs direct outpatient services to individuals, groups, and families with chemical addiction problems.
- Performs intake assessments and evaluation of problems.
- Formulates treatment plans.
- Provides emergency consultation and crisis intervention.
- Prepares case histories and maintains patient records.
- Makes referrals to appropriate professionals or outside agencies.
- Assesses program needs and consults with others in developing program goals and objectives.
- Integrates services with other mental health services, treatment, and provider agencies.
- Performs specialized treatment planning and diagnostic services as well as psychotherapy services including direct and indirect services.
- Provides peer reviews.
- Travels to different communities and satellite clinics in providing services.
- Provides court ordered evaluations.
- Evaluates clients and makes determinations regarding acute care hospitalization.
- May develop, develops and provides community education, consultation, and prevention services.
- Conducts, and coordinate training programs on diagnostic and treatment methods.
- May supervise interns in professional training.
- Participates in mental health education programs, conferences and community programs.
- Attends training conferences relevant to current mental health problems.
- Participates in Medi-Cal Utilization Review Team meetings.
- Participates in interdisciplinary staff meetings.
- Provides Alcohol and Drug representation on community agency boards.
- Assists with community meetings and special Alcohol and Drug events.
- Performs a variety of administrative duties.
- Participates in the emergency "on-call" system on a rotating basis.

## **PERINATAL SPECIALIST - 3**

### **TYPICAL PHYSICAL REQUIREMENTS**

Sit for extended periods; frequently stand and walk; normal manual dexterity and eye-hand coordination; lift and move object weighing up to 25 pounds; corrected hearing and vision to normal range; verbal communication; use of office equipment including computers, telephones, calculators, copiers, and FAX.

### **TYPICAL WORKING CONDITIONS**

Work is usually performed in an office or clinical environment; continuous contact with staff and the public.

### **DESIRABLE QUALIFICATIONS**

#### **Knowledge of:**

- Principles, procedures, techniques, and trends for the counseling, therapy and guidance of individuals, groups, and families in mental health programs, especially those with alcohol and drug problems.
- Therapeutic treatment methods and procedures in the mental health field.
- State, Federal, and local laws, regulations, and requirements for the provision of mental health services and programs, including special perinatal programs.
- Current practices and techniques in psychotherapeutic treatment.
- The scope and activities of public and private agencies in the mental health field.
- Psychotropic medications.
- Treatment research, development, and implementation.
- Quality Assurance practices and standards.
- Crisis Counseling Techniques.
- Psycho-social aspects of mental illnesses and alcohol and drug problems.

#### **Ability to:**

- Perform a variety of mental health therapeutic services, client assessments, and client counseling.
- Analyze case information and reach sound diagnostic and treatment decisions.
- Perform skilled counseling.
- Maintain composure and awareness during crisis interventions.
- Develop and maintain confidence and cooperation of persons with alcohol and drug problems and their families, especially pregnant women and women with young children.
- Prepare clear, relevant and accurate reports.
- Develop and present public presentations.
- Enforce Quality Assurance Standards.
- Interpret and apply complex mental health program rules, regulations and policies.
- Effectively represent the Mental Health Department and the Alcohol and Drug Program in contacts with clients and the public.
- Establish and maintain effective working relationships with staff, other agencies, and the public.

## **PERINATAL SPECIALIST - 4**

**Training and Experience:** Any combination of training and experience which would likely provide the required knowledge and abilities is qualifying. A typical way to obtain the required knowledge and abilities would be:

Possession of a master's degree in Social Work, Psychology, Counseling, Psychiatric Nursing or appropriate related field, received from an accredited institution and two (2) years of post-master experience equivalent to a Mental Health Therapist I in Plumas County. Direct experience in working alcohol and drug clients is highly desirable.

**Special Requirements:** Possession of a license or eligible for a license ( LCSW or MFCC) by the California State Board of Behavioral Science Examiners or Clinical Psychologist by the Board of Medical Examiners. License required within three (3) years of employment.

Possession of an appropriate California Driver's License issued by the California Department of Motor Vehicles.