



Erica Pan, MD, MPH
Acting State Public Health Officer

State of California—Health and Human Services Agency
California Department of Public Health



GAVIN NEWSOM
Governor

Travel Advisory
November 13, 2020

The incidence of COVID-19 is increasing in many states and countries. Persons arriving in California from other states or Californians returning from other states or countries could increase the risk of COVID-19 spread. In addition, travel itself can be a risk for exposure to COVID-19, particularly travel through shared conveyance such as air, bus or rail travel.

Travel Advisory for Non-Essential Travel¹

1. Persons arriving in California from other states or countries, including returning California residents, should practice [self-quarantine](#) for 14 days after arrival. These persons should limit their interactions to their immediate household. This recommendation does not apply to individuals who cross state or country borders for essential travel.²
2. Californians are encouraged to stay home or in their region and avoid non-essential travel to other states or countries. Avoiding travel can reduce the risk of virus transmission and bringing the virus back to California.

¹ “Non-essential travel” includes travel that is considered tourism or recreational in nature. <https://ca.usembassy.gov/travel-restrictions-fact-sheet/>

² “Essential travel” includes: work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care, and safety and security. <https://ca.usembassy.gov/travel-restrictions-fact-sheet/>

