

Plumas County Behavioral Health Commission Meeting
6/1/22 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 8/3/2022 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Kevin Goss called the meeting to order at 1:02 pm.
- Roll Call/Attendance:
 - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker
 - County Staff: Sharon Sousa, Elizabeth McAllister, Jessica McGill, John Posch, Sam Schopplein, Nikki Smalley (Zoom)
 - County Counsel: Josh Brechtel

Public: Denise Pyper, Margaret Mackenzie in-person and others online

Additions to or Deletions from the Agenda - For urgent items only.

Delete action item 1B – already done last month.

Public Comment – Valerie asked if we can meet at a different location (technical aspects may be a problem).

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of May – Denise moved, Kristy seconded with minor change. Motion carried.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements – Denise – recommended we read letter to editor from Todd Johns about the Correctional Facility. Jails and prisons are secondary mental health facility. She asked about incarcerated students' program – is this happening in PC? She recommended that this be implemented here.
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – No grievances this past month; assisted client with paperwork for CalFresh; assisted client with obtaining medical records from PDH; 3 phone calls from BH clients; 2 phone calls from FSP client regarding inspection/possible eviction.
- c. Secretary/Treasurer Report (Kendrah) – attended PRS Mental Health 1st Aid Training, more classes will be offered. She recommends all commissioners take some of these trainings (a possible grant might make some of these trainings free).

3. Behavioral Health Department

- a. Director's Report (Sharon Sousa) – Susan is interim director until a replacement is hired. Denise offered a warm welcome.

- b. Quality Assurance Improvement (Jessica M.) – Triennial audit was done in May – went well overall, awaiting official report; Tony’s last day was May 20th and his email has been deactivated; Consumer Perception Surveys done in May – mostly positive response with individualized concerns (will be posted on website).

Information Notices: BHIN 22-022 – advertising requirements for SUD; BHIN 22-028 Mental Health Services Act County Population (18,942 population); BHIN 22-029 regarding involuntary and voluntary treatment; BHIN 22-030 regarding plastic bag usage; BHIN 22-031 transportation for beneficiaries receiving services (PCBH is required to provide – they will be reimbursed).

May: 366 open charts – 98 youth; 150 adults

36 new intakes, 9 crisis services, 11 inpatient placements (high)

Grievance reports: 1 Quality of care concern, 2 appeals, 1 change of provider, 2 access to care, 1 medication concern, 1 staff behavior

Next QIC meeting is scheduled for June 16th from 10 am to Noon

- c. Behavioral Health Commission Information and Improvement – Kendrah noted that 20,000 Lives meetings are again happening in-person (information from different county departments and non-profits is shared for the benefit of greater community); Denise commented on California Association of Local Behavioral Health Boards & Commissions emails – all commissioners should sign-up to receive email updates. Cultural Requirement training is available (free); Best Practices training is also offered.

Public Comment – None

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

- 1. **Action Agenda** – None.

- 2. **Informational Announcements & Reports** –

- a. AOD Report (Sharon Sousa) – Promoted Kristie Rood as AODA Administrator
- b. Quality Assurance Improvement – No grievances, services steady.

Public Comment – None

Adjournment

Meeting adjourned by Kevin Goss, at 1:22 pm.

Next meeting: **July 6, 2022, Courthouse: Supervisors’ Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission