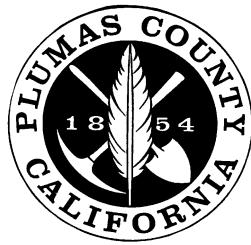


# PLUMAS COUNTY BEHAVIORAL HEALTH SERVICES

270 County Hospital Road, #109 Quincy, CA 95971

Phone: (530) 283-6307 FAX: (530) 283-6045

Sharon R. Sousa, LMFT, Director



## APPLICATION TO SERVE ON PLUMAS COUNTY BEHAVIORAL HEALTH BOARD

Name: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Alternate Phone #: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(Street) \_\_\_\_\_ (City) \_\_\_\_\_ (Zip) \_\_\_\_\_

Email Address: \_\_\_\_\_

Why do you want to serve on the Behavioral Health Commission?

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Summarize any applicable experience and/or knowledge of the current behavioral health system. (Work experience; personal life experiences; volunteer; and/or community service, etc. Please attach your resume):

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**Category:**

- Consumer (defined as a person who has received behavioral health services)
- Family Member (defined as the parent, spouse, sibling, or adult child of a person receiving or has received behavioral health services)
- Public Interest (defined as a member of the general public and/or a professional in the field of behavioral health)
- Representative of the Alcohol and Drug Community
- Representative of the Transitional Age Youth Advisory Committee
- Education Field Representative
- Law Enforcement Representative
- Medical Field Representative

Ethnicity:  Caucasian  African American  Hispanic  Asian  Native American

Other \_\_\_\_\_

Occupation: \_\_\_\_\_  F/T  P/T  Student  Retired

Age: \_\_\_\_\_ Disability  Yes  No

**ALL VOLUNTEERS WILL BE SUBJECTED TO A CRIMINAL BACKGROUND CHECK**

Are you currently on any form of Probation or Parole?  Yes  No

Have you ever been convicted of a felony or misdemeanor?  Yes  No, If yes, please describe conditions:

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**Conflict of Interest:** No Commission member or his/her spouse shall be a full-time or part-time county employee of a county mental health and substance use service, an employee of the State Department of Health Care Services, or an employee or, or a paid member of the governing body of, a mental health contract agency.

**THE PURPOSE OF THE PLUMAS COUNTY BEHAVIORAL HEALTH COMMISSION**

The purpose of the Commission is to review PCBH operations, community programs, department policies, and best practices for the provision of mental health (MH) and substance use disorder (SUD) services to Plumas County Medi-Cal beneficiaries, to advise the department on local MH and SUDS decision making, and to make recommendations to the Board of Supervisors.

The Plumas County Behavioral Health Commission (PCBHC) meets in public a minimum of 10 times per year, in person or virtually, depending on current, adopted public health restrictions. To facilitate participation and member retention, PCBH budgets and supports reimbursement to any commissioner who requires assistance with obtaining technology (loaned computer and monitor equipment may be available) and network connectivity to be able to review PCBHC business, including but not limited to: agendas, minutes, county and department policies, reports, plans, presentations, trainings, or any other business to be discussed, reviewed, or acted upon by the commission, which are electronically mailed to the commissioners, staff, and public stakeholders, per Brown Act requirements.

**THE DUTIES OF THE BEHAVIORAL HEALTH COMMISSION**

The duties of the Plumas County Behavioral Health Commission, as defined in the Welfare and Institutions Code and the Health and Safety Code, shall be: A. Duties Per WIC Section 5604.2(General Provisions) and Any Future Amendments thereto. These duties include:

- Review and evaluate the community's public mental/behavioral health needs, services, facilities, and special problems in any facility within Plumas County, including, but not limited to, schools, emergency departments, and psychiatric facilities.
- Review any county agreements entered into pursuant to Section 5650. PCBHC may make recommendations to the Plumas County Board of Supervisors regarding concerns identified within these agreements.

- Advise the Plumas County Board of Supervisors, and the Plumas County Behavioral Health director as to any aspect of the local mental/behavioral health program. PCBHC may request assistance from the local patients' rights advocates when reviewing and advising on mental/behavioral health evaluations or services provided in public facilities with limited access.
- Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process. Involvement shall include individuals with lived experience of mental/behavioral illness and their families, community members, advocacy organizations, and mental/behavioral health professionals. It shall also include other professionals that interact with individuals living with mental/behavioral illnesses on a daily basis, such as education, emergency services, employment, health care, housing, law enforcement, local business owners, social services, seniors, transportation, and veterans.
- Submit an annual report to the Plumas County Board of Supervisors on the needs and performance of Plumas County's mental/behavioral health system.
- Review and make recommendations on applicants for the appointment of a Plumas County director of mental/behavioral health services. PCBHC shall be included in the selection process prior to the vote of the Plumas County Board of Supervisors.
- Review and comment on Plumas County's performance outcome data and communicate its findings to the California Behavioral Health Planning Council.
- As part of its duties above, PCBHC shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community. Revised:

**Duties Per WIC Section 5848(b) (Oversight and Accountability, and Any Future Amendments thereto.**

- PCBHC shall conduct a public hearing on the draft three-year program and expenditure plan and annual updates at the close of the 30-day comment period required by subdivision.
  - Each adopted three-year program and expenditure plan and update shall include any substantive written recommendations for revisions. The adopted three-year program and expenditure plan or update shall summarize and analyze the recommended revisions. PCBHC shall review the adopted plan or update and make recommendations to Plumas County Behavioral Health for revisions.

**Duties Per HSC Section 11998.1(f) and Any Future Amendments thereto.**

- Review the Plumas County Behavioral Health Department's Alcohol and Drug Five-Year Plan, including consultation as needed to comply with the legislative goals set forth in Health and Safety Code section 11998.1(f).

**Number and Composition of Membership**

- The PCBHC shall consist of eight (8) members.
  - One (1) member shall be a member of the Board of Supervisors, the governing body.
  - Fifty (50) percent or more of the members shall be consumers or family members who are or have received mental/behavioral Health services, as follows:
    - at least twenty (20) percent direct consumers;
    - at least twenty (20) percent family members,
    - and if not covered in these four, one (1) Alcohol and Drug Abuse representative.
  - Fifty (50) percent or less of membership shall be community members representing public interest in the behavioral health needs of Plumas County, especially recommended: persons in the professions of human services, education, law, criminal justice, fiscal management, treatment/recovery (e.g. AIDS treatment), students/parents, other private industry, organizations involved in drug/alcohol services, and organized labor (e.g. Employee Assistance Program representative).

- Membership shall reflect the diversity and demographics of the county as a whole, to the extent feasible (WIC 5604.5(b)).
- It is advisable, but not mandatory, that representatives of each major community of the county be selected.
- All members shall be residents of Plumas County or be substantially employed in the county.
- Except as provided in the following paragraph, a member of PCBHC or the member's spouse shall not be a full-time or part-time county employee of a county mental health service, an employee of the State Department of Health Care Services, or an employee of, or a paid member of the governing body of, a mental health contract agency. A consumer of mental health services who has obtained employment with an employer described in the previous paragraph and who holds a position in which the consumer does not have any interest, influence, or authority over any financial or contractual matter concerning the employer may be appointed to PCBHC. The member shall abstain from voting on any financial or contractual issue concerning the member's employer that may come before PCBHC. Members of PCBHC shall abstain from voting on any issue in which the member has a financial interest as defined in Section 87103 of the Government Code. (WIC 5604(e)).

#### **Terms of Membership**

- The term of each member (ending December 31st) shall be for three (3) years with approximately one-third of the members changing each year.
- No member shall serve more than two (2) consecutive three-year appointments with the exception that if a member has been appointed to a partial term, he/she may then be appointed by the Board of Supervisors to two full three-year terms.
- When a vacancy occurs, the new member appointed to fill the vacancy will only be appointed for the remainder of the un-expired term of the vacated position.
  - Extending new membership after partial-term is completed: only the Board of Supervisors has the authority to extend or re-appoint a Commissioner's term.
- When one year has elapsed following a former member's service on PCBHC, of whatever duration that service was, he/she again becomes eligible for appointment.

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Applicant's Signature

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Date

When complete, please return to:

MHSA Coordinator  
 Plumas County Behavioral Health  
 270 County Hospital rd. Suite 109  
 Quincy, CA 95971