

# Plan for a Power Outage

Loss of power may last hours or days. Are you prepared for power outages due to winter storms, earthquakes or a Public Safety Power Shutoff?

<b>Take Inventory</b>	What items will need electricity? This may include: oxygen concentrator, CPAP, wheelchair, garage door, refrigerated medications, ventilator, home dialysis machines and many other devices.
<b>Plan for back-up power</b>	<p><b>Hospitals should not be a source of electrical support during a power outage.</b></p> <ul style="list-style-type: none"><li>○ Read your medical equipment manual and identify the options you have for back-up power.</li><li>○ If possible, <b><u>purchase a back-up battery</u></b> for your device and keep them charged.</li></ul> <p><b>Talk with your healthcare provider and medical device provider</b></p> <ul style="list-style-type: none"><li>○ Talk to your provider about your power outage plan.</li><li>○ Find out how long your medications will be OK without refrigeration</li><li>○ <b><u>Work with your medical equipment supplier and/or home health/hospice provider about their plans to assist you in emergencies.</u></b></li><li>○ Get daytime and after hours emergency phone numbers for your suppliers &amp; providers.</li></ul>
<b>Generator</b>	<ul style="list-style-type: none"><li>● Consider owning a home generator or back-up battery and know how to use it and maintain it.</li><li>● Read your medical equipment manual to see if a generator is an option to use for the equipment.</li><li>● Have an adequate fuel supply and store it safely.</li></ul> <p>Always use generator outdoors, at least 20 feet away from a window.</p>
<b>Establish a support Team</b>	<p>Plan how you will communicate with your team and where you will go. A local place and plan on a out-of-area place. Phones may not work.</p> <p><b><i>Practice your plan with your support team!</i></b></p>
<b>Assemble a Power Outage Kit</b>	<ul style="list-style-type: none"><li>● Battery operated flashlights or lanterns.</li><li>● Keep back-up batteries charged for cell phones, oxygen tanks, etc...</li><li>● Store water and non-perishable food.</li><li>● CO2 detectors installed in your home.</li><li>● Battery powered radio.</li><li>● First aid kit.</li></ul>
<b>Resources</b>	<p><a href="http://www.countyofplumas.com">www.countyofplumas.com</a> - Emergency Alerts &amp; Resources - also sign up for Genasys alerts! <b>Follow:</b> Plumas County Office of Emergency Services on Facebook.</p> <p>Look for a local cooling/warming/information center at the Veterans Hall or Crisis Center.</p>

Power Outage Emergency Plan	
Type of Assistive Device or Medical Equipment:	
Brand/Model #:	
Back-up batteries are located:	
Back up batteries will last for (hours):	
Flashlight is located:	
Oxygen tank is located:	
Oxygen tank will last for (hours):	
Oxygen tubing and mask are located:	
Assistive Device or Medical Equipment Supplier Information	
Equipment Provider Name:	
Daytime Phone number of Provider:	
After-hours Emergency Phone for Supplier:	
Personal care Provider Information—(e.g. Home Health, Hospice, Dialysis, Caregiver information)	
Name of Agency/Provider:	
Daytime Phone:	
After Hours Emergency Phone:	
My Support Team & Where I will go during an outage	
<b>Local:</b> Name	
Phone:	
Address:	
<b>Out-of-area:</b> Name:	
Address:	
Phone:	



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